



# 2010 CUCSA Report 05 - 10 July 2010

Presented by:

Rendani I Mulaudzi, PhD  
Chef de Mission





## ACKNOWLEDGEMENTS

Numerous individuals and organisations played very critical roles in ensuring the University Student Sport Africa (USSA)'s participation in the 15<sup>th</sup> Confederation of Universities and Colleges of Southern Africa (CUCSA) that took place at the University of Botswana, Gaborone, Botswana from 05 – 10 July 2010. Now that the games have come and gone, USSA would like to thank them. There are:

- The National Lottery Distribution Trust Fund (NLDTF) of the National Lottery Board (NLB) for funding the project in totality.
- All 171 (79 men and 92 women) athletes who participated in the Games and brought back 71 medals. These athletes have made USSA and South Africa (SA) real proud.
- All Team Managers and coaches who prepared and presented the teams that won 41 Gold, 18 Silver and 12 Bronze medals.
- The General Delegation Management (GDM) comprising Rendani I Mulaudzi (Chef de Mission), Makhosandile Majeke (Assistant Chef de Mission), Chaka Croukamp (Accounts Manager), Shela Lekalakala (Sports Manager), Sibongile Maswanganye (Logistics Manager) and Lungelo Mcwane (Administration Manager).
- USSA President Sanele Madlala, USSA Administrative Assistant Nomcebo Ngema and Mrs Hanlie Murray for supporting the GDM so effectively. At the Games, Tshogofatso Malatja also rendered great service to Team South Africa that we formally acknowledge in this report.
- Park Travel, particularly Clara Fugareu who worked tirelessly on travel bookings for athletes and officials.
- The National University Sports Associations (NUSAs) that participated in the CUCSA Games: Athletics, Basketball, Chess, Darts, Football, Netball, Table Tennis, Tennis and Volleyball. Regrettably, Softball had to be withdrawn at the last moment due to the number of countries that had entered Softball for the Games.
- The USSA National Executive Committee (NEC) for their full support and unending encouragement when the going was getting tough. In particular, the support of the USSA Secretary General and Sports Manager in anchoring all the activities of the GDM in the USSA Secretariat.
- The Tshwane University of Technology (TUT) and Walter Sisulu University (WSU) for hosting training camps
- The Tshwane University of Technology for hosting the Assembly Camp and Farewell Banquet.
- All universities from which all athletes, coaches, team managers and GDM members came.

To everyone else that has not been mentioned about, and have played some role in preparing and delivering the USSA Team to the Games, you are thanked and acknowledged for your role most heartily.

Thank you!



## Contents

Glossary .....	v
1 Introduction.....	- 1 -
2 Background to the CUCSA GAMES 2010.....	- 1 -
3 USSA Planning for the CUCSA Games .....	- 2 -
3.1 Intention to Participate.....	- 2 -
3.2 General Delegation Management Committee.....	- 2 -
3.2.1 Appointment & Composition of the GDM .....	- 2 -
3.2.2 Activities of the GDM .....	- 3 -
3.3 Appointment and Responsibilities of Team Management .....	- 3 -
3.4 Funding Matters .....	- 4 -
3.5 Medical Matters.....	- 5 -
3.5.1 Sports Physicians .....	- 5 -
3.5.2 Physiotherapists .....	- 5 -
3.5.3 Drug-Free Sport South Africa .....	- 5 -
3.6 Training Camps.....	- 5 -
3.7 Travel Plans .....	- 6 -
3.8 Clothing & Kit .....	- 6 -
3.8.1 Clothing.....	- 6 -
3.8.2 Playing Kit .....	- 7 -
3.9 Media & Marketing .....	- 7 -
3.10 Observers .....	- 7 -
3.11 Protocol.....	- 7 -
3.12 Customs & Border Procedures.....	- 7 -
4 Assembly Camp .....	- 8 -
4.1 Team Briefing.....	- 8 -
4.2 Verification of Status of Students.....	- 8 -
4.3 Issuing of Clothing.....	- 8 -
4.4 Farewell Banquet .....	- 9 -
4.5 Departure for the 15 <sup>th</sup> CUCSA Games.....	- 9 -
5 The 15 <sup>th</sup> CUCSA Games 2010.....	- 9 -
5.1 Arrivals, Accreditation & Accommodation .....	- 9 -
5.2 Heads of Delegation & Team Managers' Briefing .....	- 9 -
5.3 GDM Office .....	- 10 -
5.4 Meals & Refreshments .....	- 10 -
5.5 Games Programme & Activities.....	- 10 -
5.5.1 The Opening Ceremony .....	- 10 -
5.5.2 15 <sup>th</sup> CUCSA Games Programme .....	- 11 -
5.5.3 Team Managers' Meetings .....	- 11 -
5.5.4 The Closing Ceremony.....	- 12 -
5.6 Results .....	- 12 -
6 Challenges & Recommendations.....	- 13 -
6.1 Challenges/Concerns .....	- 13 -
6.2 Recommendations .....	- 14 -



6.2.1	General Delegation Management.....	- 14 -
6.2.2	Entrees & Applications .....	- 15 -
6.2.3	Team Management Matters.....	- 15 -
6.2.4	Finance and Travel Matters.....	- 16 -
7	Conclusion.....	- 18 -
8	Annexures .....	- 19 -
8.1	Annexure A – Customs & Border Procedures.....	- 19 -
8.2	Annexure B – Team SA Competition Results .....	- 20 -
8.3	Annexure C – General Delegation Management & Sports Reports .....	- 27 -
8.3.1	General Delegation Management.....	- 27 -
8.3.2	Team Managers Reports.....	- 44 -
9	References.....	- 75 -



## **Glossary**

CUCSA:	Confederation of Universities and Colleges of Southern Africa
FASU:	Federation of African University Sports
FISU:	International University Sports Federations
NLB:	National Lottery Board
NLDTF:	National Lottery Distribution Trust Fund
SASCOC:	South African Sports Confederation and Olympic Committee
UB:	University of Botswana
USSA:	University Sport South Africa



## 1 Introduction

University Sport South Africa (USSA)'s Student Team South Africa participated in the Confederation of Universities and Colleges of Southern Africa (CUCSA) Games in Botswana. The tour details are:

**Dates:** 05 – 10 July 2010

**Travel Dates:** 04 – 10 July 2010

**Place:** University of Botswana, Botswana

**Funder:** Team South Africa was funded in full by the National Lottery Distribution Trust Fund (NLDTF).

The South African delegation that traveled to Botswana is the following:

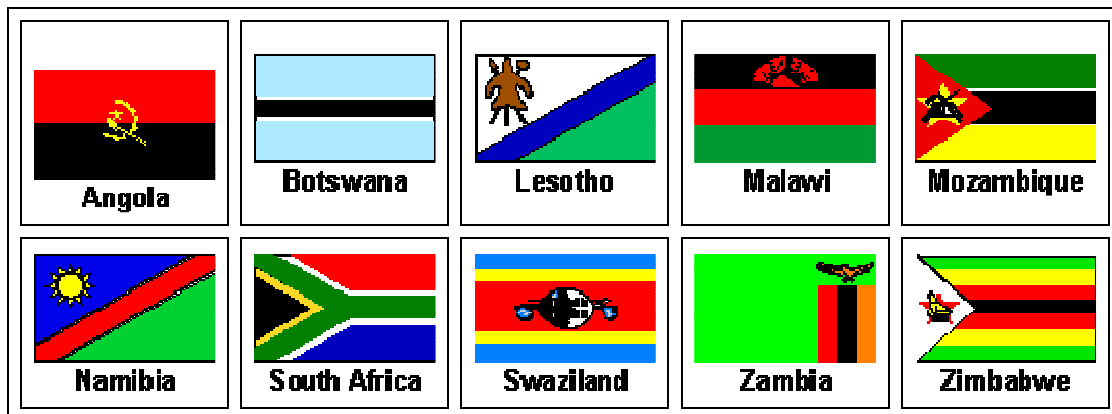
### **CUCSA GAMES 2010 GABORONE, BOTSWANA SOUTH AFRICAN DELEGATION**

SPORT	Athletes		Officials		Referees		TOTAL
	Men	Fem	Men	Fem	Men	Fem	
Athletics	17	18	3	2	-	-	40
Basketball	12	12	4	2	2	-	32
Chess	4	4	1	1	-	-	10
Darts	6	6	2	1	-	-	15
Football	20	20	5	1	1	1	48
Netball	-	12	-	2	-	1	15
Table Tennis	3	4	2	-	-	-	9
Tennis	5	4	1	1	-	-	11
Volleyball	12	12	4	2	2	-	32
Delegation Management	-	-	5	4	-	-	9
Medical Officials	-	-	4	4	-	-	8
Delegation Officials	-	-	7	1	-	-	8
<b>TOTAL:</b>	<b>79</b>	<b>92</b>	<b>38</b>	<b>21</b>	<b>5</b>	<b>2</b>	<b>237</b>
		<b>171</b>		<b>59</b>		<b>7</b>	<b>237</b>

The team performed exceptionally well in Botswana to be crowned overall winners with a total of **SEVENTY-ONE medals**.

## 2 Background to the CUCSA GAMES 2010

The African CUCSA Zone VI Games are held every two years. Participants in the Games are member universities in Southern Africa from the following countries:





Mozambique is the only country in the region that did not participate in the 15<sup>th</sup> CUCSA Games.

The sports which were presented at the CUCSA Games are listed below with the sport each country participated in indicated:

Country	Athletics	Basketball		Chess		Darts		Football		Netball	Table Tennis		Tennis		Volleyball	
		F	M	F	M	F	M	F	M		F	M	F	M		
Angola	X	X	√	X	√	X	X	X	√	X	√	√	X	X	X	X
Botswana	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
Lesotho	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
Malawi	√	√	√	√	√	√	√	X	√	√	√	√	√	√	√	√
Namibia	√	√	√	√	√	X	X	√	√	√	√	√	√	√	√	√
South Africa	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
Swaziland	√	X	X	X	X	√	X	X	√	√	X	X	X	X	√	√
Zambia	√	√	√	X	X	√	√	X	√	√	√	√	√	√	√	√
Zimbabwe	√	√	√	√	X	X	X	√	√	√	√	√	√	√	√	√

Softball was withdrawn a few days before the start of the Games as there were only three (3) countries that had entered for the Men and two (2) for the Women.

More than 1, 500 students participated in the 15<sup>th</sup> CUCSA Games in the sport listed above.

### 3 USSA Planning for the CUCSA Games

#### 3.1 Intention to Participate

The USSA NEC made the decision to participate in the 15<sup>th</sup> CUCSA Games 2010 at a meeting held on 11 November 2009.

#### 3.2 General Delegation Management Committee

##### 3.2.1 Appointment & Composition of the GDM

A General Delegation Management Committee was appointed soon after the decision to participate in the 15<sup>th</sup> CUCSA Games 2010 was made. The following were appointed to the GDM:

PORTFOLIO	NAMES	INSTITUTION
Chef de Mission	Rendani I Mulaudzi, Ph.D.	University of Pretoria (Staff)
Assistant Chef de Mission	Makhosandile Majeke (replaced Roger Adams)	Walter Sisulu (Student)



Accounts Manager	Chaka Croukamp	Tshwane University of Technology (Staff)
Sports Manager	Shela K Lekalakala (replaced Marc Mundell)	Cape Town University of Technology (Staff)
Logistics Manager	Sibongile Maswanganye (replaced Makhosandile Majeke)	University of Pretoria (Staff)
Administration Manager	Lungelo R Ncwane (replaced Dumisani Mtwana)	University of KwaZulu-Natal (Student)
Project Coordinator	Sanele Madlala	University of KwaZulu-Natal (USSA President & Student)
Secretary-General (Ex-Officio)	Louis Nel	Secretariat
Administration Assistant (Ex-Officio)	Nomcebo Ngema	Secretariat

A GDM Handbook was drawn up to assist the team in managing the delivery of Team South Africa to the Games. It was presented, discussed and endorsed by the GDM at the 1<sup>st</sup> meeting held at Mannah Guesthouse on 29 April 2010.

### 3.2.2 Activities of the GDM

The GDM and its Planning Committee (comprising Tshwane based members and USSA Secretary General and Sports Manager) met on the following occasions to work on the project:

- 14 January 2010 – Chef de Mission, Secretary General and Sports Manager
- 19 January 2010 – Chef de Mission, Secretary General and Sports Manager
- 10 February 2010 – Chef de Mission, Secretary General and Sport Manager
- 26 March 2010 – Tshwane based GDM members and the USSA NEC
- 08 April 2010 – Chef de Mission and Project Coordinator
- 29 April 2010 – full GDM met to discuss roles and responsibilities and the GDM Handbook
- 17 June 2010 – Gauteng based members of the GDM
- 02 July 2010 – All GDM members met at the beginning of the Assembly Camp at the Tshwane University of Technology (TUT).

The activities of the GDM were guided by the 2010 CUCSA Games Checklist prepared by the USSA Secretary General. The checklist became very handy in ensuring that most of the deadlines were met to ensure the successful delivery of Student Team South Africa to the 2010 CUCSA Games.

### 3.3 Appointment and Responsibilities of Team Management

The National University Sport Associations (NUSAs) were informed of the intention to participate in the 15<sup>th</sup> CUCSA Games on or before 31 January 2010 with the directive to have team managers appointed by 27 February 2010.



The following persons were elected/nominated by the NUSAs as Team Managers for the 15<sup>th</sup> CUCSA Games 2010:

SPORT CODE	1 <sup>ST</sup> NAME	SURNAME	INSTITUTION
<b>Athletics</b>	Jerome	Walters	UWC
	Marianna	Meyer	Northlink College
<b>Basketball</b>	Peter	Makhubela	WITS
	Beronece	Seekoei	CUT
<b>Chess</b>	Dmitar	Ristovic	UJ
	Nolene	Conrad	UJ
<b>Darts</b>	Xabiso	Blom	WSU
	Martha Rosy	Rametsi	TUT
<b>Football</b>	Michael	Mbatha	DUT
	Imameleng Sylvia	Kabane	UJ
<b>Netball</b>	Edith	Williams	UWC
<b>Table Tennis</b>	Simon	Sebueng	VUT
<b>Tennis</b>	Helene	Botha	NWU
<b>Volleyball</b>	Ilse	Jenneker	UJ
	Anton Nico	Van Rooyen	UJ

A Team Managers' Workshop was organized and held on 04 June 2010 at Mannah Guesthouse. All Team Managers were in attendance and the Team Managers' Handbook was presented with issues pertaining to the delivery of Student Team South Africa to the 15<sup>th</sup> CUCSA Games discussed in detail.

### 3.4 Funding Matters

USSA and the GDM worked very hard to ensure a smooth delivery of Team South Africa to the 15<sup>th</sup> CUCSA Games without guaranteed funding. Promises were indeed made at the USSA General Council Meeting on 27 March 2010 that National Lottery Board funding would be acquired.

After waiting for the National Lottery Distribution Trust Fund (NLDTF)'s application for funding to open, the Chef de Mission decided to prepare an application nevertheless. The process began early in May 2010 and the application was submitted on 11 May 2010 requesting an amount of R4, 939, 000.00 for the preparation and delivery of Team South Africa. On submitting the application USSA was informed that funding for the 15<sup>th</sup> CUCSA Games were applied for and granted to the South African Sports Confederation and Olympic Committee (SASCOC) together with the grant for the 25<sup>th</sup> Universiade Belgrade, Serbia. The responsibility fell on USSA to request SASCOC to transfer the funds for the CUCSA Games back to USSA. A protracted negotiation process began between the NLDTF, SASCOC and USSA that culminated in the following:

- SASCOC indeed was holding the funds for USSA for the 15<sup>th</sup> CUCSA Games and 26<sup>th</sup> Universiade Shenzhen 2011. In addition to the two events, SASCOC was also in receipt of funding for 2012 CUCSA & 2012 FASU Games.
- SASCOC is to return the funds to the NLDTF so that USSA's application could be consider



- USSA’s application was then to be considered on the basis that the funds had already been approved in 2009 and allocated for the CUCSA and World Student Games and for participation in the CUCSA and FASU Games.

USSA complied with all that required by the NLDTF to consider the CUCSA Games application. A Grant Agreement was finally received on or about 24 June 2010 with the funds transferred to USSA on 30 June 2010, just four (4) days before Team South Africa was to leave for Botswana. As it is said, “all is well that ends well.”

**3.5 Medical Matters**

The Medical Team was appointed by the NEC on the recommendations of Dr Malumbete Ralethe. It comprised the following members:

**3.5.1 Sports Physicians**

- Dr M.P. Maphoto (Chief Medical Officer)
- Dr N.L. Mongwe

**3.5.2 Physiotherapists**

- Mr L. Tsoai
- Mr L. Maredi
- Ms Rene’ Job
- Ms K Ogle
- Ms B. Masebe
- Ms S Tempies

The Medical Team participated in Team SA’s preparation during the Assembly Camp. The GDM would have wished for the Team to be deployed during the Training Camps that were held from 16 – 20 June 2010 at the Tshwane University of Technology. Unfortunately, the GDM was not successful in making the necessary arrangement to have them at the Training Camp, mainly because funds were not guaranteed at the time.

**3.5.3 Drug-Free Sport South Africa**

The Chef de Mission contacted Drug-Free South Africa to inform it of the impending games and to seek advice and information relating to Doping Control and related issues. The response from Drug-Free South Africa was prompt resulting in Team South Africa receiving information booklets on doping and drugs classification. Two copies of the information booklets were handed over to the Team Managers at the Assembly Camp.

**3.6 Training Camps**

In the application to the NLDTF, USSA budgeted for a Training Camp. For the first time USSA had funds budgeted and allocated for team preparation. All the sports participating in the 15<sup>th</sup> CUCSA Games 2010 held training camps as follows:

SPORT CODE	DATES	PLACE/VENUE
Athletics	-	-
Basketball	16 – 19 June 2010	TUT



Chess	-	-
Darts	16 – 19 June 2010	WSU
Football	16 – 19 June 2010	TUT
Netball	30 June – 01 July 2010	UJ
Table Tennis	01 – 02 July 2010	TUT
Tennis	30 June – 01 July 2010	UJ
Volleyball	16 – 19 June 2010	TUT

### 3.7 Travel Plans

Local travel arrangements were coordinated by the Logistics Manager. All participants travelled successfully to the training camps, Assembly Camp, 15<sup>th</sup> CUCSA Games and back to South Africa.

### 3.8 Clothing & Kit

#### 3.8.1 Clothing

USSA opted to continue with Umbro as the preferred service provider. The USSA Sports Manager initiated discussion with regard to the needs for the 15<sup>th</sup> CUCSA Games 2010 before handing over the responsibility to the GDM Sports Manager and the USSA Administrative Assistant. Although some Team Managers did not respond promptly and with accurate information, the order was placed on 17 May 2010. Items that were ordered are the following:

- Tracksuits
- Golf shirts
- T-shirts
- Shorts
- Cap
- Nest of bags
- Fleece sweater (hoody)
- Floppy hat
- Pennants
- Large Waving Flag
- Lap Top Bags for GDM & NEC
- Folders for Team Managers, GDM & NEC
- Shoes (from New Balance)

Umbro sponsored two (2) football kits for the women and men's teams.

Generally USSA was not pleased with the clothing supplied by Umbro for among others, the following reasons:

- Colour of some items were wrong (grey and black instead of green and gold)
- Wrong type of green (not the national green)
- Generally poor quality

A debriefing meeting was held with representatives of Umbro to express USSA's unhappiness with some of the items. Umbro acknowledged USSA's feedback and stressed the fact that the order was placed too late. As USSA it was agreed that we would try to place our orders long in advance so that there would be opportunities to receive and review samples of clothing before the manufacturing process begins.



### **3.8.2 Playing Kit**

USSA permitted all the codes to acquire their own playing kit as Umbro was not in a position to do so. Only USSA Football received sponsored playing kit, one for the women and the other for the men. All other codes sourced their kit with USSA committing to provide finances for the orders.

### **3.9 Media & Marketing**

The GDM's media and marketing project did not materialize. As the CUCSA Games happened during the 2010 FIFA World Cup, it was difficult to access the media for the news of USSA's participation in the 15<sup>th</sup> CUCSA Games.

The GDM succeeded in purchasing some banners, flags and other marketing materials that were used at the Games and will continue to be used in future USSA programmes and activities.

### **3.10 Observers**

Applications for observers went out fairly late resulting in only three (3) responses. Two were approved on condition that they were to support the GDM during the Games. These were Ms Hanlie Murray (TUT staff) and Mr Tshogofatso Malatja (TUT Student). In addition to the two, Mr Hugo Badenhorst and Craig Hendry Daniels of Basketball South Africa (BSA) were added as technical observers. Mr Badenhorst assisted with the running of the Athletics meeting while Mr Daniels was sent by Basketball South Africa to observe the Women Basketball team. Mr Daniels' attendance was fully funded by BSA.

### **3.11 Protocol**

Various structures, organizations and personalities were informed in writing of USSA's participation in the 15<sup>th</sup> CUCSA Games. These include:

- The Minister of Sport and Recreation South Africa
- The President of the South African Sports Confederation and Olympic Committee
- Presidents of some National Federations and
- The Republic of South Africa's High Commission in Botswana

The GDM was not successful in drawing the attention of the people listed above, though. It could be that the 2010 FIFA World Cup was too much of a distraction for them or communication and marketing effort was non-existent.

### **3.12 Customs & Border Procedures**

The Chef de Mission contacted the Republic of Botswana's High Commission requesting information relating to Customs and Border Procedures. Such information was provided and passing through the boarder to and fro Botswana was a smooth experience (Annexure A – Botswana Custom Procedures).



#### **4 Assembly Camp**

The Assembly Camp was planned for 02 – 04 July 2010. A number of venues were considered in Gauteng before the GDM recommended TUT to the USSA NEC due to the fact that boarding and lodging were cheaper and the teams would also have access to facilities for their training. All teams arrived on 02 July 2010 except Table Tennis who arrived on 01 July 2010 for a Training Camp.

GDM members started arriving at TUT on 01 July 2010 during the day. A GDM meeting was held on 02 July 2010 in the morning to wrap up outstanding issues and finalise preparations for the Assembly Camp.

The athletes were accommodated at Denise (men) and Astra Residences (women) of TUT.

The activities that occupied the GDM from 02 – 04 July 2010 (day of departure) were the following:

##### **4.1 Team Briefing**

A Team South Africa Briefing meeting was held on the evening of 02 July 2010 at the Astra Residence of TUT. All Team Managers and their teams attended the meeting that addressed the issues listed below:

- Presentation of the GDM
- Assembly Camp Programme
- Composition of Team SA to participate at the 15<sup>th</sup> CUCSA Games
- Policies and Procedures of USSA
- Allowances
- Medical Team and Procedures
- Farewell Banquet (03 July 2010)
- Travel Schedule
- Arrivals in Botswana, Accreditation & Accommodation
- Competition Programme using very scant information coming out of Botswana/CUCSA
- Expectations of and for Team South Africa

##### **4.2 Verification of Status of Students**

Immediately after the Team Briefing meeting, Team Managers met with the USSA Administrative Assistant and Sports Manager to check and verify participants' student cards and Proof of Registration.

##### **4.3 Issuing of Clothing**

Following the Team Briefing meeting and Verification of the Status of Participants, the GDM began issuing clothing to Team South Africa. Since the bags were pre-packed by Umbro, it was fairly easy to distribute clothing to the majority of participants on 02 July 2010. By the noon of 03 July 2010, participants who wanted to exchange items had done so and Team South Africa was kitted out and ready to roll.



#### **4.4 Farewell Banquet**

The banquet was earmarked for 03 July 2010 at the Theuns Bester Hall of TUT. The start time was 18h30. However the function only started after 19h00 as some of the guests of honour arrived late.

The occasion was graced by Ms Marjorie Letwaba of the NLDTF and Dr Rose Laka-Mathebula, the Acting Deputy Vice-Chancellor of TUT. All teams were announced during the banquet to very loud cheers. Dr Malumbete Ralethe gave the keynote address with both Ms Letwaba and Dr Laka-Mathebula wished the team well at the Games. Mr Sanele Madlala, USSA President responded to the messages of good will on behalf of USSA and Team South Africa.

#### **4.5 Departure for the 15<sup>th</sup> CUCSA Games**

An Advance Team comprising the Logistics, Accounts and Administration Managers departed for Botswana on 03 July 2010 to prepare for the arrival of the rest of the delegation.

The rest of the delegation left for Botswana on the morning of 04 July 2010 in four (4) buses, two (2) kombis and two (2) sedans. The journey to Gaborone, Botswana was uneventful and the delegation arrived safely just after 15h00 to be met by the Advance Team at the University of Botswana's Gaborone Campus.

### **5 The 15<sup>th</sup> CUCSA Games 2010**

#### **5.1 Arrivals, Accreditation & Accommodation**

The SA delegation arrived in early afternoon of 04 July 2010 to find that the Advance Team has been at work.

The Accreditation Process as explained in scant information received from the Games Organising Committee was not operating. Therefore, the SA delegation could not get accredited although meals were available. It took more than two (2) to have the accreditation of delegations completed. Only by Wednesday, 07 July 2010, was every member of Team South Africa accredited.

Whereas the Team SA Men's members were able to move into rooms allocated to them on arrival (without accreditation), the women's team members were not so fortunate. It took the Logistics, Accounts and Administration Managers some time to sort accommodation for the SA Women's team members who could only move in later on the evening of 04 July 2010.

#### **5.2 Heads of Delegation & Team Managers' Briefing**

A Heads of Delegation and Team Managers' Briefing meeting was announced by the Games Organising Committee. It was however not easy to find information about the venue in which the meeting was to be held. The meeting finally took place in the UB's Student Centre where the President of CUCSA, Secretary General of CUCSA and some members of the GOC addressed the delegations during the first part of the meeting. There was no structure to the meeting.

After the presentation by CUCSA and the GOC, Team Managers were requested to meet with the Technical Committees or persons coordinating the various sports to



finalise programmes and other technical issues. Heads of Delegations remain to discuss other issues with the President and Secretary General of CUCSA. Each delegation was informed that they will have Attaches' mobile phones and vehicles allocated to them.

### **5.3 GDM Office**

The GDM Office was located in the residence in which Team SA's men stayed. The office was under the direction of the Administration Manager and maintained an open door policy. Team managers, coaches and athletes would come in for matters of concern whenever the office was open. A schedule was drawn up indicating when the office will be open, with phone numbers (provided to all GDM members and Team Managers) visibly indicated so that there was always someone within reach when there was a need.

### **5.4 Meals & Refreshments**

Team South Africa was allocated to Moghul Dining-Hall for all the meals. The quality of food was not of the highest standard and lacked variety. Also the meal times did not suit teams that were held up in competition that almost started late each day of competitions.

Teams booked lunch packs if the competition schedule was continuing during the lunch period and/or teams were playing off-campus. GDM members and/or Team Managers ensured that lunch packs were delivered wherever they needed.

### **5.5 Games Programme & Activities**

The programme was delayed for a day except for football and netball that played immediately after the Opening Ceremony. The programme for all other sports only started on Tuesday, 6 July 2010.

The Games Competition programme in general was done on a day-to-day basis with many changes being made as the competition proceeded. In many instances, Team South Africa's Team Managers took over the structuring of fixtures as the GOC lacked the capacity to do so.

In general, the organisation of the tournament was poor with the programme almost never starting on time, with poor communication with Heads of Delegations, and lack of leadership from the GOC and CUCSA Executive Committee.

#### **5.5.1 The Opening Ceremony**

The Opening Ceremony took place on 05 July 2010. The ceremony was supposed to begin at 14h30 but started more than 30 minutes late. The participating nations were lead into the University of Botswana Stadium in the following manner:

- Zimbabwe
- Zambia
- Swaziland
- South Africa –biggest delegation
- Namibia
- Malawi
- Lesotho
- Angola
- Botswana – 2<sup>nd</sup> biggest delegation



After the teams had matched through, the following speakers were given opportunities to address the participants:

- GOC Chairperson, Kgosisigolo Puso Gaborone,
- CUCSA President, Mr Ben Naobeb, and
- The Minister of Youth, Sports and Culture, Hon. Shaw Kgathi who declared the Games open.

The activities culminated with a football match between Botswana and South Africa which ended as a 2 – all draw.

## **5.5.2 15<sup>th</sup> CUCSA Games Programme**

### **5.5.2.1 Venues**

The venues were overall of fair to good standard. Most of them were on the Campus of the University of Botswana. A few were at outside venues that required a fair amount of travelling.

The venues for Athletics, Basketball, Chess, Darts, Netball and Tennis were all on the Campus of the University of Botswana. Football and Volleyball took place at the Police College and the Botswana College of Agriculture which were 50+ and 13+ km from the University of Botswana, respectively. A Women Football match was also played at one of the fields in the Botswana National Stadium complex just a stone throw away from the University of Botswana. Table Tennis was hosted at Ledumang Senior School within Gaborone.

### **5.5.2.2 Travel Arrangements to Game Venues**

The GOC organised shuttle buses between the Athlete Village at the University of Botswana and those venues outside Gaborone. The shuttle did not work well in the beginning resulting in Team South Africa having to use one of its buses, the 2 kombis and 2 sedans to bring team managers and/or teams to and from competition venues.

### **5.5.2.3 Competition Programme**

The full competition programme begun on Tuesday, 06 July 2010 once most of the participants had been accredited. Generally, the way the games were conducted was not satisfactory. Most programmes started late and problems with regard to umpiring and refereeing were not dealt with promptly. If our Team Managers had not taken charge, some of the sport codes programmes would not have been completed.

## **5.5.3 Team Managers' Meetings**

The GDM and Team Managers held two (2) meeting during the Games to assess team performances and challenges being faced with regard to transport, meals, medical issues, and others. Meetings were held on 05 and 07 July 2010 in the Student Centre and residence in which Team South Africa stayed, respectively. Issues discussed in the meetings were the following:



- Housing & accommodation – problems in the residence Team South Africa was staying were discussed and noted for submission to the GOC’s Housing Coordinators.
- Meals – concerns relating to special diet were raised
- Currency exchange information
- Clothing to be worn on a specific day
- Communication between participants and the GDM
- Technical matters relating to the Games programme for the day, and fixtures going forward
- Team managers’ report of their teams/athletes’ performance of the previous day activities/results. Managers were requested to submit match reports every evening to place on record what transpired during the day. The reports were summarised with the results being compiled and put on the notice board for all of Team SA to see.
- Transport to and from competition venues
- Medical issues and
- General matters

#### 5.5.4 The Closing Ceremony

The Closing Ceremony took place on the morning of 10 July 2010. Although it was scheduled to be at 09h00, it was delayed for an hour or so for reasons not made known to teams. By the time the programme started some countries had already left with half of the SA Team having left earlier in the morning. The wait for the start of the Closing Ceremony was worth it as Team South Africa won almost all sport codes except Men’s Football (no medal), Men’s Basketball (silver), Men’s Darts (Silver) and Women Darts (Bronze). After the awards Dr Daniel Tau, the Chairperson of the Botswana Sports Council declared the Games closed. The remaining members of triumphant Team South Africa boarded their buses for the return journey home.

#### 5.6 Results

Team South Africa’s performance at the 15<sup>th</sup> CUCSA Games was of the highest standard. In almost all the sport codes, Team South Africa was very dominant. One is tempted to say that the performance can be attributed to better preparation as for the first time; each sport code could hold a training camp at no expense to the participants. The table below gives a summary of Team SA’s results at the 15<sup>th</sup> CUCSA Games.

SPORT CODE	GOLD	SILVER	BRONZE
Athletics	26	9	8
Basketball – Men	-	1	-
Basketball – Woman	1	-	-
Chess – Men	1	-	-
Chess – Woman	1	-	-
Darts – Men	-	-	1
Darts – Woman	-	1	-
Football – Men	-	-	-



Football – Woman	1	-	-
Netball	1	-	-
Table Tennis - Men singles	1	1	1
Table Tennis - Woman singles	-	1	-
Table Tennis - Men doubles	1	-	-
Table Tennis - Woman doubles	-	1	1
Table Tennis - Mixed doubles	1	-	1
Table Tennis - Men's team	1	-	-
Table Tennis - Woman's team	-	1	-
Tennis - Men singles	1	1	-
Tennis - Woman singles	1	1	-
Tennis - Men doubles	1	-	-
Tennis - Woman doubles	1	-	-
Tennis - Mixed doubles	-	1	-
Volleyball – Men	1	-	-
Volleyball – Woman	1	-	-
<b>TOTAL:</b>	<b>41</b>	<b>18</b>	<b>12</b>

Such was the domination of Team South Africa at the Games that medal count is not surprising. USSA and the GDM thank the athletes, coaches, team managers and medical staff for these great results. For detailed results, refer to Annexure B below.

## 6 Challenges & Recommendations

Whereas the medal count speaks volumes of Team South Africa's organisation and performance prior to and during the games respectively, there were challenges simply because we are all human. We acknowledge our human frailty while celebrating our strength and dedication to deliver such wonderful results. We would not be fair to ourselves if we were not to reflect on how we put the winning team together from both a challenge-perspective, what worked and why, and to make recommendations to improve how we prepare and participate in Games such as CUCSA in the future.

### 6.1 Challenges/Concerns

#### 6.1.1. Team Management Matters

- Some team managers not knowing their roles and responsibilities
- Late confirmation of teams
- Team managers not confirming where the participants will travel from so that flights could be booked timeously as requested by the Logistics Manager
- Late travel arrangements communication to athletes from outside Gauteng

#### 6.1.2. Funding Matters

- The delay in the confirmation of funding
- Use of taxis did not allow for the verification of costs
- Insufficient documentation such as receipts kept by individuals for claims made to USSA
- Uncertainty as to the responsibility for the approval of certain expenses. For example, training camps (Darts), transport used for training and pre-departure camps



### **6.1.3. Medical Matters**

- Inadequate number of medical staff to go around with all teams/athletes to training and competitions
- Playing injured players – this could have future detrimental effects on participants

### **6.1.4. Training Camps**

- Some NUSAs do not have equipment and supplies to use during training camps
- Injuries caused by excessive/too intensive training and/or poor level of fitness & conditioning of athletes/teams

### **6.1.5. Clothing and Kit**

- Insufficient T-shirts for the duration of the Games
- Wrong colour of clothing and kit provided by Umbro
- Chaotic distribution of clothing

### **6.1.6. At the CUCSA Games**

- Arrival in Botswana to find that technical/competition programmes had still to be drawn up by participating nations – chaotic organisation, competition schedules a mess, lack of rules or adherence to general sport code rules and regulations, no training venues, no team lists at some matches, long delays before the start of games, referees going on strike during the games, no or poorly qualified officials
- Daily team management meetings with the GDM for teams to improve communication
- Insufficient equipment such as chess clocks, tennis balls of the right quality at the Games
- Meals, in particular breakfast at the Games, and lack of variety thereof
- Theft of personal property in the Athlete Village
- Overall poor organisation of the Games such as delay in start times resulting in medical staff unable to plan properly on placements for other sport/competitions
- Teams that had received their medals at the Closing Ceremony leaving the venue before the rest of Team South Africa received theirs
- Incorrect number of medals awarded to some sports (Darts & Table Tennis are examples).
- In the CUCSA Games Debriefing Workshop held on 17 September 2010, team managers and the GDM expressed the concern that South Africa is always meted unfair treatment when visiting African countries. Examples are arriving in Botswana to find that Team South Africa's accommodation has not been sorted out as a way of destabilising the team's focus and morale.

## **6.2 Recommendations**

### **6.2.1 General Delegation Management**

- An Induction Workshop for the GDM to be conducted to assist newer members adjust to their roles and responsibilities
- The GDM/Chef de Mission/USSA Secretariat to visit the Games' venue before the start to assess weather conditions, training and competition facilities, accommodation and other issues that Team SA must be aware of before arriving at the games. Sometimes the facilities and resources finally supplied by the host during the games are different from what countries are shown



during site visits. It is proposed therefore that USSA must have a contingency plan in place in terms of supplementation, water and so on. Things to consider travelling with are, for example, Wheetbix, energy bars, electrical adaptors, and so on. A term used at the CUCSA Bepriefing Workshop is “a standard USSA survival kit” for travel into Africa.

- USSA to consider having Team South Africa stay in hotels where meals and accommodation would be of acceptable standard. Though will appear politically insensitive, the expense to which USSA goes to in delivering the team is so huge that excellence performance cannot be compromised due to poor diets and accommodation. If USSA explores this option, then staggering the arrival of teams will have to be considered as well having stay for the shortest possible time at the Games.

### **6.2.2 Entrees & Applications**

Submission of information to the USSA Secretariat must be prompt and the information itself accurate. This information expected/requested from NUSAs and Team Managers includes the following:

- Applications for participation in Games
- Submission of selection procedures
- Appointment of team managers
- Appointment of referees where applicable
- Bio-data forms with profiles, passports (or copies thereof) and photos, clothing sizes
- Travel plans for teams/athletes

It is therefore necessary to have a workshop first to familiarise Team Managers with their roles and responsibilities during the preparatory stages of planning a tour (see Team Management Matters below).

### **6.2.3 Team Management Matters**

- There is a need to draft a generic Team Manager’s Job Description to distributed to and adapted by each NUSA, and used in the appointment of future managers. The job description will assist new team managers understand their roles and responsibilities
- Two Team Managers’ workshops are being proposed. The first workshop is to deal with what is expected of team managers in terms of support to the General Delegation Management. The 2<sup>nd</sup> is to brief team managers of expectations, roles and responsibilities at the Games. This ought to help USSA become professional when preparing to deliver Team South Africa to international competitions.
- Team Managers are be provided with a checklist at the 1<sup>st</sup> workshop that they will use during the preparatory phases of any international competition.
- NUSAs to develop credible ways to select teams well in advance to allow for better preparation
- It is recommended that each NUSA develops a development plan through which coaches and team managers work at all levels of international competitions. That is, a coach and/or team managers to be appointed for the



CUCSA, FASU and FISU Games. In this manner, experience is accumulated over time. However, there is a need for very clear criteria and conditions to be drawn up to ensure that there is room for growth and development of other role players in the NUSA.

- Team managers/NUSAs to enforce discipline with regard to request for information by the GDM/USSA Secretariat, Code of Conduct and other policies
- Investigate the possibility of having NUSAs upload teams/athletes profiled electronically on the USSA website to fast-track gathering information needed to enter teams for games.
- NUSAs to begin requested teams/athletes to complete Bio-data at national tournaments where preliminary teams for international participation are selected. For example, NUSAs must have Bio-data forms completed at the 2010 National Institutional Tournament happening in December so that the information is available when the USSA Secretariat/GDM will request for it.
- Team managers to continuously communicate with the NUSAs with regard to preparations taking place to deliver Team South Africa. When information is submitted to the USSA Secretariat and GDM, the NUSAs must be copied so that the Chairperson and other members are kept informed of developments.

#### **6.2.4 Finance and Travel Matters**

- Training camps to be planned properly in advance with correct approval provided and budgets submitted to the GDM/USSA for approval
- Cost of changes to flight arrangements and travel plan to be charged to the individual concerned through the NUSAs unless valid reasons are submitted to the GDM/USSA
- USSA to develop a policy that guides the GDM and/or Accounts Manager regarding use of taxis and/or buses to training and assembly camps in cases where the Logistics Manager cannot make travel arrangements for the athletes. A proposal is that a bus fare from a particular town be used as the rate for reimbursing participants of travel costs. It is also in this respect that athletes should not be allowed to change their itinerary once it has been submitted.
- USSA to augment teams/athletes meals with energy drinks and bars and water to ensure that teams/athletes' diet in case the host is not able to supply meals to the required standard for performers. The site visit by the GDM/Chef de Mission/USSA Secretariat ought to pick up where there would be challenges, especially when travelling to African countries.

#### **6.2.5. Training Camps**

- Engage National Federations to assist with training camps and matches/friendly matches, especially against international opponents
- Programmes and bookings to be done as early as possible so that all logistical arrangements can be completed long before teams/athletes arrived for a training camp.
- Ensure the presence of medical staff at training camps to screen for injuries and assess the fitness of teams/athletes



#### **6.2.6. Clothing & Kit**

- USSA /GDM to develop a different system to deal with the make and distribution of clothing (issues of sizes)
- Centralisation supplier for clothing and kit and ensure that there is sport specific wear to suit the conditions in which games will be played
- Design a policy and system to hand out clothing more efficiently
- NUSAs to keep track of competition kit so that new Team Managers, Coaches and teams/athletes can have access to it when needed. It is recommended that NUSAs keep some of their equipment and clothing at the USSA Storage facility in Pretoria.
- NUSAs to keep an accurate and up-to-date inventory control of their equipment and supplies with a copy submitted to the USSA for filing.

#### **6.2.7. Medical Matters**

- Better communication between medical staff, team managers and coaches with respect to injuries to players/athletes
- Presence of medical staff at training camps in the future to be able to screen teams/athletes more thoroughly in order to assess fitness and check for injuries
- Find ways to ensure that dietary needs of certain athletes are considered/met at Games
- Explore designating dedicated physiotherapists to certain team sports to ensure more appropriate support at the games.
- Medical sub-committee to explore taking more staff to the games to ensure that teams/athletes needs are met. The sub-committee to take into account the nature of the sport, delegation numbers allowable for games, and work a ratio of doctor/physiotherapist per athlete that is cost-effective and applicable.
- Ship medical equipment at least 6 weeks before the start of games such as the World Student Games
- Develop a Medical Handbook that spells the services available to Team South Africa and what is expected of teams/athletes. Such a handbook to inform teams/athletes of Drug-Free Sport South Africa requirements with issues such Clearance Certificates for athletes on Asthma medication and so on.

#### **6.2.8. Assembly Camp**

- Extend the Assembly Camp by a few more days to allow medical staff to screen all the players for injuries before the team travels.
- USSA to institute an Alcohol Free Policy once teams/athletes arrive at Assembly Camp (e.g., no alcoholic beverages or cash-bar to be provided at the Farewell Banquet).

#### **6.2.9. At the Games**

- Technical staff of teams to be awarded medals as well (this was not the case at the 15<sup>th</sup> CUCSA Games)
- NUSAs to find ways of having on record accurate information on players/athletes and people able to serve as officials and managers of teams
- USSA/GDM to consider taking a Chef to Games because nutrition is important to athletes/participants or budget for supplementation for the times when meals will not meet the needs of Team South Africa. Of course, USSA will need to find a place where the Chef will prepare meals.



- Provide or be prepared to provide water at Games if the hosts have not planned to do so
- Countries to be represented in Technical Committees during the preparation phase of CUCSA Games
- The GDM to explore having SA nights at Games to maintain camaraderie and give participants an opportunity to relax and get to know athletes in other sport codes.
- USSA to submit a report on the State of the Games to CUCSA to assist with the process of improving the effectiveness of the Games Organising Committees going forward. For example, if the Closing Ceremony was held on Friday evening instead of Saturday morning, more countries would have attended the event.

## **7 Conclusion**

In conclusion, may I state that I was honoured to be chosen as the Head of Delegation to the 15<sup>th</sup> CUCSA Games 2010, Gaborone? It was a great privilege and pleasure to work with the USSA NEC, GDM (Messrs Makhosandile Majeke, Chaka Croukamp, Lungelo Mcwane, Tshogofatso Malatja, Ms Shela Lekalakala, Ms Sibongile Maswanganye, and Ms Hanlie Murray). Without this GDM team we would not have achieved the wonderful results we are still celebrating.

The Medical Team came on board at the right time and performed extremely well. May I thank Drs Paul Maphoto & L Mongwe, and Physiotherapists Ms Rene' Job, Ms K Ogle, Ms M Maesela, Ms S Tempies, Messrs L Tsoai and Maredi. Without the Medical Team's involvement we would have had serious permanent injuries.

To the athletes in all codes, the coaches and team managers, may I take my hat off to acknowledge the hard work performed and the excellent results you achieved? USSA would not be where it is now, celebrating great results, without your central role in student sports. As Head of Delegation and with the GDM we know that we could not have done a single thing without you. Thank you!



## 8 Annexures

### 8.1 Annexure A – Customs & Border Procedures



private bag 00102, gaborone, botswana  
tel: (+267) 3170800 fax: (+267) 3931403

REF: 10 BURS/CE 2/40 IX (139)

29<sup>th</sup> June 2010

TO: University Sports – South Africa  
P.O. Box 14734  
HATFIELD  
0028

TEL: 0027 12 341 746  
FAX: 0027 12 341 7258

**Attention: R.I. Mulaudzi**

Dear Sir

**REQUEST FOR INFORMATION ON CUSTOMS BORDER  
REQUIREMENTS/PROCEDURE**

Please refer to your letter dated 9<sup>th</sup> June 2010 in which you are requesting for information on Customs Border requirements/procedures. Please be advised as follows:-

1. As for a group of 270 athletes, there will be no need for them to complete any Customs formalities unless they are bringing items like presents/gifts to their friends or relatives in Botswana.
2. With regards to equipments, you will be required to obtain a Temporary Export Form (DA 65) from the South African side and the same form will be used to cover the goods in Botswana. You will be required to produce the same form during exportation of the equipment from Botswana.
3. Our Border Post is open 24 hours up to the 11<sup>th</sup> July 2010 this was done mainly to cater for the on going FIFA World Cup 2010 event.
4. In addition you will be required to purchase Road Transport Permit, Road Safety Token and MVA (Insurance) Levy for your vehicles and the charges are as follows:-
  1. P40.00 Road Transport Permit
  2. P20.00 Road Fund
  3. P50.00 MVA Levy

Please note that this is for light vehicles only, for buses (31-65 seater) Road Permit will cost P160.00 plus P20.00 Road Fund and P200.00 MVA Levy. For buses above 65 seater Permit will cost P220.00 plus P200.00 Road Fund and P200.00 MVA Levy.

Thank you.

Yours faithfully

J. M. Kaetwa

**CUSTOMS MANAGER – TLOKWENG GATE**



## 8.2 Annexure B – Team SA Competition Results

SPORT	NAME	COMPETITION DATE	EVENT/ROUND	PERFORMANCE	OPPONENT COUNTRY	RESULTS	
Athletics	Sandile Zuma	07 July 2010	16 km (Men)	53:29:90	Botswana	Gold	
	Mia Pienaar		8 km (Women)	30:42:30	Lesotho	Gold	
	Thembeke Ngwenya				32:54:10	Malawi	Bronze
	Jacobus Engelbrecht		Discus (Men)	52.35m	Namibia	Gold	
	Zavion Kotze				34.53m	Swaziland	Bronze
	Sonia Smuts		Discus (Women)	40.08m	Zambia	Gold	
	Bianca Van Rooyen				32.91m	Zimbabwe	Silver
	Ruan Claasen		High Jump (Men)	2.05m			Gold
	Zavion Kotze				2.00m		Bronze
	Zarch Visser		Long Jump (Men)	7.35m			Gold
	Dylon Cotter				7.28m		Silver
	Bernard Crous		Javelin (Men)	72.47m			Gold
	Zavion Kotze				45.30m		4 <sup>th</sup>
	Sibongile Ntshingila		Long Jump (Women)	5.65m			Gold
	Janette Siebert				5.09m		5 <sup>th</sup>
	Janette Siebert		High Jump (Women)	1.65m			Gold
	Jacobus Engelbrecht		Shot Put (Men)	18.23m			Gold
	Bernard Crous				9.62m		Bronze
	Zarck Visser		Triple Jump	14.80m			Silver
	Dylon Cotter				14.67m		Bronze
	Waide Jooste		100m (Men)	10:77s			Gold
	Drikus Viljoen				11:02s		Bronze
	Stacey Gardiner		100m (Women)	11:87s			Gold
	Bevin Smith				12:22s		Silver
Biancka van Rooyen	Shotput (Women)	13.87m			Gold		
Sonia Smuts			13.80m		Silver		



	Sibongile Ntshingila		Triple Jump (Women)	12.27		Gold
	Shane Victor		400m (Men)	46.49s		Gold
	P.C. Beneke			46.51s		Silver
	Eugenie Wicksell		400m (Women)	55.23s		Gold
	Alet van Wyk			55.65s		Bronze
	Zintle Sinqe		5000m (Women)	17:59:49		Gold
	Thembe Ngwenya			19:42:07		Bronze
	Anuscha Nice		800m (Women)	02:11:33		Gold
	Waide Jooste		200m (Men)	21:60s		Gold
	Max Mogotsi			22:13s		4 <sup>th</sup>
	Bevin Smith		200m (Women)	24:14s		Gold
	Arlene Gowar			24:42s		Silver
	Ratlane Mokone		800m (Men)	01:52:09		Silver
	Marnus Koekemoer			01:54:83		4 <sup>th</sup>
	SA Relay Team		4 x 100m (Women)	48:30		Gold
	SA Relay Team		4 x 100m (Men)	41:62		Gold
	Thuso Phaswana		5000m (Men)	15:05:30		Silver
	Zintle Zinqe		1500m (Women)	04:46:71		Gold
	Ratlane Mokone		1500m (Men)	03:59:88		Gold
	SA Relay		4 x 400m (Women)	03:54:20		Gold
	SA Relay		4 x 400m (Men)	03:11:50		Gold
Basketball (Women)	Vuyelwa Gamka Takalani Mfamadi Requelh Molema Lungile Mtshweni Gabisile Ndlangamandla Nombulelo Ngcaku Nosipho Njokweni Linda Nkuna	09 July 2010	Finals (Women)	66 – 38	Zambia	Gold



	Margaret Ntoi Kgaugelo Phiri Veranique Samuels					
Basketball (Men)	Thabang Banda Peter Bosega Nhlahla Dlamini Stephen Gabriel Floyd Matsie Christian Mdletshe Wayne Mhlongo Kagiso Mgoetjana Lebesa Selepe Ayanda Shange Mlungisi Shongwe Sakhile Sithole	09 July 2010	Finals (Men)	44 – 74	Angola	<b>Silver</b>
Chess	Laura Irving Thobeka Nsingwane Ntsiko Sello Lauren van Schalkwyk	09 July 2010	Final Standing	Position 1	Zambia Zimbabwe Malawi Botswana Namibia Angola	
	Siyabonga Choko Peter Hewson Matthew Jonker Bhekinkosi Mgbhozi	09 July 2010	Final Standing	Position 1	Zambia Zimbabwe Malawi Botswana Namibia	
Darts	Vathiswa Bafo Nosipho Dlamini	09 July 2010	Round Robin	SA vs Bot: 4 – 8 SA vs Zim: 8 - 4	Botswana Zimbabwe	<b>Silver</b>



	Thobekile Khanyi Babalwa Mbewu Philiswa Nqunqa Ngoakoana Pheeha					
	Njabulo Cele Johannes Komati Maisha Mogano Bandile Ndleleni Simphiwe Nene Mawande Songo	09 July 2010	Round Robin	SA vs Bot: 3 – 9 SA vs Zim: 0 -12	Botswana Zimbabwe	<b>Bronze</b>
Football (Women)	Mandy De Araujo Rotlhefela Dingake Tamara Dlayedwa Simphiwe Dlodlu Mantatedi Kutumela Lindiwe Makhanya Fredrica Mamabolo Zezethu Masumpa Valerie Matenche Keneilwe Mathibela Cindy-Leigh Meyer Basia Michaels Ramaabele Mmakau Jacinta Modiko Matlakala Mogotlhe Lerato Mokoena Siduduze Mthethwa Nonhlanhla Phalama Leandro Smeda Zanele Suzaki	09 July 2010	Finals	7 – 2	Nambia	<b>Gold</b>



Football Men	Siyabonga Bulwana Dorry Diale Andile Khumalo Bathabile Letsoalo Mxolisi Macuphu Kagiso Manthoko Anathi Mbebe Samkelo Mhlanga Tyron Mkhari Itumeleng Mogotsi Luvolwethu Mpeta Fagan Muller Siyabonga Nhlapo Siphon Nyafoza Katlego Pule Xolani Qunta Thabo Rakhale Vuyolwethu Sambo Luan Wakefield Bongani Zindlela	08 July 2010	Round Robin	Walkover	Angola	<b>Not classified</b>
Netball	Dumisani Chauke Janine Daniell Johanelle de Beer Elsje du Plessis Michelle du Preez Marie Geel Nontle Gwavu Tshepiso Makgobotloane Rozanne Naude Rosemary Sithole	09 July 2010	Finals	46 – 23	Namibia	<b>Gold</b>



	Mampho Tsotetsi Minette Venter					
Table Tennis	Gilla Barit Lucia Gaeerwe Mbali Mbonambi Koketso Tsele	09 July 2010	Team Doubles Mixed Doubles Singles	Position 2 Position 2 Position 1 Position 2 & 4		Silver Silver Gold & Bronze Silver & 4 <sup>th</sup>
	Luke Abrahams Theo Langerveldt Darren Rogers	09 July 2010	Team Doubles Singles	Position 1 Position 1 Position 1, 2 & 3		Gold Gold Gold, Silver & Bronze
Tennis	Rensia Henning Marthine Herbert Christine Keyser Nthabiseng Phala	09 July 2010	Singles Doubles Mixed Doubles	Position 1 Position 1 Position 2	SA vs SA Malawi Lesotho	Gold & Silver Gold Silver
	Reginald Henning Philip Holtzhausen Aaron Koopman Duke Munro Willem Steenkamp	09 July 2010	Singles Doubles	Position 1 Position 1	SA vs SA Botswana	Gold & Silver Gold
Volleyball Women	Ashlyn Carels Tasneem Claasen Martha Diakanyo Cathryn Driver Zandy Erasmus Meera Jivan Lebuang Lekabe Ellen Maloisane	09 July 2010	Finals	Position 1	Botswana	Gold



	Monnet Mambana Anna Phango Lindiwe Radebe Naome Thantsha					
Volleyball Men	Nhlamulo Baloyi Quellin Govender Wade Kerpuy Matsobane Lefawana Thabiso Lekoloane Sandile Mabaso Themba Rabi Clinton Stemmet Khaile Thekiso Rofhiwa Tshivhasa Thabiso Tshwagong Hansen Viraragavan	09 July 2010	Finals	Position 1	Botswana	<b>Gold</b>



### **8.3 Annexure C – General Delegation Management & Sports Reports**

#### **8.3.1 General Delegation Management**

##### **8.3.1.1 Financial Report - Accounts Manager**

###### **8.3.1.1.1 Introduction**

The biggest financial challenge that USSA faced, was confirmation that the LOTTO would fund the participation of South Africa in the CUCSA Games held in Gaborone, Botswana from 5 to 10 July 2010. This was fortunately confirmed before the teams' departure.

Several budgets were drafted with various implications. The budget which was approved by the LOTTO will be utilized.

The financial report is necessary for the following reasons:

- To determine whether USSA financial rules and regulations were applied;
- To confirm that expenditure was necessary and controlled;
- To satisfy and comply with the rules of the LOTTO;
- To assist with future events financial planning and control;
- To provide a detailed income and expenditure account of the project.

###### **8.3.1.1.2 Pre-Departure Matters**

###### **8.3.1.1.2.1 Training Camps**

The NEC and the Organising Committee agreed that it was in the interest of athletes and coaches to have training camps prior to travelling to Botswana. Some codes preferred not to have separate training campus but to arrive earlier for the pre-departure camp held at the Pretoria campus of TUT. The following training camps took place:

###### **Football, Basketball and Volleyball**

- The training camp was scheduled at TUT Pretoria campus.
- Football and Volleyball had adequate facilities on campus.
- Basketball utilized a hall at St Mary's DSG School. This required additional transport arrangements.
- According to reports received all went well and coaches and managers were satisfied with the arrangement.

###### **Darts**

- Darts decided that it would be better not to join the others at TUT but to train WSU in the Eastern Cape.
- Arrangements were poor with alternative accommodation having to be sourced.
- This affected the training venue and schedule and forced USSA to have additional unanticipated costs.

###### **8.3.1.1.2.2 Training Camps**

- The pre-departure camp for the whole group took place at TUT Pretoria campus.
- Tennis and Netball spent two days at UJ before joining the rest at TUT.
- Arrangements were good with all teams having an opportunity to finalise teams and selection processes.
- The GDM also had an opportunity to address the whole group.

###### **8.3.1.1.2.3 Farewell Banquet Dinner**



- The Farewell Banquet Dinner was hosted at the TB Hall on the TUT Pretoria campus.
- It was well organized and well attended by athletes, coaches, managers and GDM members.
- VIP's included Dr Laka-Mathebula, Acting Deputy Vice Chancellor at TUT and Ms Marjorie Letwaba, CEO of the NLDTF.

#### **8.3.1.1.2.4 Transport**

- The original quotes that were received for transport to and from Botswana were close to R900, 000.00.
- This was most probably due to inflated prices during the 2010 FIFA World Cup Football tournament.
- The amount became far less due to negotiations with various parties.

#### **8.3.1.1.2.5 Accommodation**

- All players and officials were accommodated in the residences of the University of Botswana at the CUCSA rate of 25 USD per day per person.
- Serious problems were experienced with the accommodation of the ladies. This was eventually sorted out and they were accommodated in two buildings whereas the men were all in the same building.

#### **8.3.1.1.2.6 Attire**

- Attire was provided by Umbro with shoes from New Balance.

#### **8.3.1.1.2.7 Meals & Water**

- All meals were provided on campus with take aways allowed.
- On one occasion members who had attended meetings were not provided with meals. This caused limited additional costs.
- The advance group which travelled to Botswana one day earlier was not catered for and had to incur additional costs for meals.
- The issue of bottle water was discussed thoroughly before it was decided that each person would receive one litre of water per day.
- This was an additional cost that was not anticipated but became necessary.

#### **8.3.1.1.2.8 Meetings**

- Several meetings of the organizing committee were scheduled to ensure the smooth running of the event.
- This required expenditure on air tickets, transport, accommodation, etc.

#### **8.3.1.1.2.9 Equipment**

- Equipment (mainly balls) was purchased for various codes.

#### **8.3.1.1.2.10 Allowances**

- All athletes, coaches, managers, technical officials, medical staff and management committee members received daily allowances in accordance with USSA financial policy.

#### **8.3.1.1.2.11 Communication**

- All manager, medical staff and management committee members received phone cards and Botswana local numbers to minimize costs and maximize communication.

#### **8.3.1.1.3 Challenges**

The following challenges had an impact on the financial management of the event:



- Late confirmation of teams and subsequent travel arrangements.
- Managers not confirming places of departure and return of players timeously as requested by the Logistics manager.
- The Darts training camp in the Eastern Cape which was poorly organized at a bigger expense than anticipated.
- The use of taxis due to all universities being closed at the time of the Games. It is not always possible to verify the costs.
- Insufficient documentation kept by individuals for claims made to USSA.
- Uncertainty on the responsibility for approval of some issues, i.e. Darts training camp, and the use of transport companies for training and pre-departure camps.

#### **8.3.1.1.4 Recommendations**

- Teams and all relevant documentation must be submitted on the dates as decided by the Management Committee or teams must be withdrawn.
- Training camps to be planned properly in advance with correct approval provided that there is advance notice of funding being available.
- Changes to air tickets to be paid by the individual concerned unless there are valid reasons.

#### **8.3.1.1.5 Conclusion & Acknowledgements**

- Appreciation to all managers who cooperated as requested.
- Appreciation to the LOTTO for funding the event and thereby making it possible for all members who were selected on merit to participate in the event.
- Appreciation to members of the GDM for their assistance.
- Appreciation to Hanlie Murray, my secretary, for her specific contributions prior to the event.
- Appreciation to USSA NEC for affording me the opportunity to be part of the event.



### 8.3.1.2 Sports Management Report – Sports Manager

#### 8.3.1.2.1 Introduction

The purpose of this report is to give an over view of the USSA team's performance at the 15<sup>th</sup> CUCSA games that took place at the University of Botswana, Gaborone from the 5<sup>th</sup> to 10<sup>th</sup> July 2010. Team South Africa returned from the CUCSA games with a total of 71 medals won and 1<sup>st</sup> overall standing.

The codes selected for participation at the 15<sup>th</sup> CUCSA Games were:

- Athletics: Men and Women
- Basketball: Men and Women
- Chess: Men and Women
- Darts: Men and Women
- Football: Men and Women
- Netball: Women
- Table Tennis: Men and Women
- Tennis: Men and Women
- Volleyball: Men and Women

Softball was withdrawn from the team due to only three countries including South Africa entering teams.

The total delegation consisted of 237 participants.

#### 8.3.1.2.2 Pre-Departure Matters

##### 8.3.1.2.2.1 Team Management & Selections

The NUSA's were responsible for the appointment of team managers. The following persons were appointed as team managers:

##### **Athletics**

Jerome Walters	Male Manager
Marianna Meyer	Female Manager
Joseph Diale	Coach
Tebogo Ramakgaphola	Coach
Emmarie Fouche	Coach

##### **Basketball**

Beronece Seekoei	Female Team Manager
Mpho Makhubela	Male Team Manager
Mlungisi Ngwenya	Male Coach
Kimathi Toboti	Female Coach
Quinton Rapiitse	Male Assistant Coach
Asnath Makena	Female Assistant Coach

##### **Chess**

Dmitar Ristic	Male Manager
Nolene Conrad	Female Manager

##### **Darts**

Xabiso Blom	Male Manager
Martha Rametsi	Female Manager
Mbuso Ngubane	Team Coach

##### **Football**

Sylvia Kabane	Female Team Manager
---------------	---------------------



Sello Mokoena	Female Team Coach
Zwelithethindaba Sapula	Female Assistant Coach
Michael Mbata	Male Team Manager
Thomas Thema	Male Team Coach
Nkululeko Malgas	Male Assistant Coach

#### **Netball**

Edith Williams	Team Manager
Dorette Badenhorst	Team Coach
Annie Kloppers	Umpire

#### **Table Tennis**

Simon Sebueng	Team Manager
Thamsanqa Makhalima	Team Coach

#### **Tennis**

Helena Botha	Team Manager
Joseph Kruger	Team Coach

#### **Volleyball**

Ilse Jenneker	Female Team Manager
Muzi Dlamini	Female Team Coach
Tania Lewis	Female Assistant Coach
Anton Van Rooyen	Male Team Manager
Pitso Mofokeng	Male Team Coach
David Papo	Male Assistant Coach

Team selections for participants and officials were conducted during the 2009 USSA National Championships. Different codes had their trials early this year in order to finalise their teams. The USSA selection criteria were applied.

#### **8.3.1.2.2.2 Clothing and playing kit**

Clothing for the delegation was supplied by Umbro, New Balance and various other services providers. Team managers had to liaise with their NUSA's with regards to their specific playing kit.

*The following items were issued to the delegation:*

- 1 x Tracksuit
- 1 x Golf shirt
- 1 x T-shirt
- 1 x short (¾ for the ladies and a normal short for guys)
- 1 x Cap
- 1 x floppy hat
- 1 nest of bags
- 1 x pair of training shoes
- 1 x hoody sweater
- Pennants for exchange during competitions
- Small SA waving flags
- 1 x laptop carry bag that was given to managers
- 1x folder with pen and calculator for managers and coaches

#### **8.3.1.2.2.3 Training / Assembly Camp**

*Training and assembly camps were facilitated as follows:*

Football:	16 – 18 June 2010
	01 – 04 July 2010
Volleyball:	16 – 18 June 2010
	01 – 04 July 2010



Basketball: 16 – 18 June 2010  
01 – 04 July 2010

Individual codes held their training camps prior to the Assembly Camp at TUT. Travelling arrangements to camps were done by the Logistics Manager with the assistance of team managers.

A pre-departure assembly camp was held for all teams from the 01 until departure on the 4<sup>th</sup> July 2010 at the Tshwane University of Technology.

### **8.3.1.2.3 At the Games Responsibilities**

#### **8.3.1.2.3.1 Liaison with team managers**

- Upon arrival, team managers attended meetings in their respective codes
- South African team managers assisted the local organising committee in drafting fixtures as there were not done up arrival
- The Chef de Mission called a meeting with all team managers on Monday morning (05 July) to get feedback on their week programme and any other issues that needed to be resolved by the organising committee.
- Team managers were requested to submit daily reports where they had to talk about the results, complains and any other matter.

#### **8.3.1.2.3.2 Results**

<b>CODE</b>	<b>MEN</b>	<b>WOMEN</b>	<b>MEDALS</b>	<b>TOTAL</b>
Athletics			26 gold, 9 silver, 8 bronze	43
Basketball	Silver	Gold		2
Chess	Gold	Gold		2
Darts	Bronze	Silver		2
Football	-	Gold		1
Netball		Gold		1
Table Tennis				11
Tennis			4 gold & 3 silver	7
Volleyball	Gold	Gold		2
<b>TOTAL</b>				<b>71</b>

#### **8.3.1.2.4 Recommendations**

- Planning for the World Student Games in 2011 should start early so that teams can start preparing well ahead of time.
- A different system to deal with clothes must be developed so that athletes can get clothes that fit them properly.

#### **8.3.1.2.5 Acknowledgements**

- USSA NEC for giving athletes and officials an opportunity to participate in the event of this nature
- The National Lotteries Distribution Trust Fund for the financial support, ensure that Team SA was well prepared
- The National Federations that assisted with the processes
- Managers, Coaches and Assistant Coach for all the hard that they have put in making sure that Team SA succeed
- Heads of Sport who gave sport officers permission to be part of this team
- Parents who trusted USSA to care for their children
- Umbro, New Balance and other service providers
- Tshwane university of Technology for providing hosting the training camps
- The medical team that worked tirelessly to ensure that athletes were ready for competition.



#### **8.3.1.2.6 Conclusion**

The success of Team South Africa at the CUCSA games would not have been possible if it was not for USSA who put measures like these to make sure that University Sport progresses. It is important that lessons learned from this event are taken forward in order to start preparing for the coming events.

This event gave athletes, managers, coaches and sport administrators at different Universities an opportunity to showcase their abilities and build their confidence. The preparation for Team South Africa was good and if it can be improved, our ranking will also improve.



### **8.3.1.3 Logistics Manager**

#### **8.3.1.3.1 Introduction**

Botswana hosted the Confederation of University and Colleges Sports (CUCSA) games from the 05 – 10 July 2010. South Africa had a delegation of two hundred and thirty seven (237) people for which the Logistics Manager arranged travels and boarding & lodging with respect to the training camp, assembly camp and during the games.

#### **8.3.1.3.2 Pre-Departure Activities**

##### **8.3.1.3.2.1 Training Camp**

The training Camp took place on the 16 -19 June 2010. This was a four days camp where athletes arrived on the 16<sup>th</sup> June and departed on the 19<sup>th</sup> June after lunch.

All the three sports codes were requested to send through their training program and suggested training times and preferred venues.

- Basketball: The team trained at the St. Mary's Diocesan Girls School in Hatfield. Each team had two sessions of two hrs (2hrs) per day.
- Football used the Tshwane University of Technology main campus football facilities as their training venue. Each team had an opportunity of two sessions per day.
- Volleyball: Both team used the Pretoria West high school as their training venue and both had two sessions per day.
- Darts: of the four sports codes Darts was the only code that had their training at the Walter Sisulu University (WSU) in East London because the majority of the athletes study in the Eastern Cape.

##### **8.3.1.3.2.2 Accommodation and Meals**

Tshwane University of Technology was used to accommodate the athletes, coaching staff and the team managers. The women were accommodated at the Astra Residence and the men at Denise Residence.

The teams were provided with three meals per day. The meal times were as follows:

Breakfast	: 7h00 – 10h00
Lunch	: 12h00 – 14h00
Dinner	: 18h00 – 19h00

##### **8.3.1.3.2.3 Transport to the training Camp and during the training**

To get everyone to the camp it was rather a challenge as the camp was decided during the World Cup month and already the athletes were already on holiday. However institutions also pitched in to assist. For example, Vaal University of Technology helped with finding transport for athletes from the Vaal area and central Gauteng. Pick-up spots were arranged starting from VUT, through the University of Johannesburg and Wits University. However athletes coming from Limpopo and Mpumalanga had to find their own means of transport to get themselves to the training and they were refunded accordingly.

At the North West University transport was arranged to collect ten athletes. Unfortunately, the athletes could not be found on the appointed day and time. The athletes claimed that they were not informed of the transport arrangements by team managers.

Contact Brokers travel agency was used to transport the basketball and Volleyball to their training venues as per their training schedules.



As stated earlier that due the holidays, some athletes had already left for their respective homes and this exercise had a huge impact on USSA finances.

#### **8.3.1.3.2.4 Medical Support**

An issue that was not arranged until teams were at the training camps was providing ice. TUT came to the rescue by providing ice and a 1<sup>st</sup> Aid Kit was made available. No injuries were reported at the training camps.

#### **8.3.1.3.2.5 Laundry**

Tshwane University of Technology offered their laundry room all that we had to do was to provide the detergent.

#### **8.3.1.3.2.6 Departure from the Training Camp**

The three sporting that was hosted by TUT departed from morning as some of the athletes were using public transport such buses and taxis back home. Those who were using air travel and arranged transport left after lunch. Unfortunately transport arranged to pick up athletes returning to VUT did not arrived at the time discussed.

#### **8.3.1.3.2.7 Darts**

Darts chose to have their training at the Walter Sisulu University in East London. The motivation we received that most of the athletes are from East London and it will be cost effective and easily manageable.

Only the Flights tickets were arranged for the athletes to attend the training camp. We were never asked to arrange any accommodation as the team manager assured us that the WSU is handling both the accommodation, meals and will pick them up from the airport. However, this turned out not to be the case. When the athletes and the Team Manager (Women) arrived in East London accommodation, a training venue and no transport had not been arranged. The team manager had to call the USSA financial Manager, Mr. Chaka Croukamp to explain the situation so that arrangements could be made to accommodate and provide meals for the participants.

#### **8.3.1.3.3 Pre - Departure Camp**

The date for the delegation to meet for the departure camp was the 1<sup>st</sup> July and departs t Botswana on the 4<sup>th</sup> July 2010. The whole delegation had to meet for the final touch up of the games to Botswana. The Sporting codes involved were:

- Athletics ( Track & Field)
- Basketball ( men & women)
- Darts (men & women)
- Football ( men & women)
- Netball
- Table Tennis ( Men & women)
- Tennis
- And Volleyball ( men & women)

Netball, Table Tennis, Tennis and Athletics arrived than the sporting codes that had the training on the 16<sup>th</sup> – 19 June 2010.

- Netball & Tennis  
The two (2) sporting codes had their training camp from the 1<sup>st</sup> July 2010 at the University of Johannesburg. All expenses were paid for by their respective NUSA's. The University of Johannesburg was requested t arrange transport to TUT on the 2 July 2010 and USSA was to pay for the transport.
- Table Tennis & Athletics:  
Table Tennis reported to the pre- departure Camp on the 2<sup>nd</sup> July 2010. All the necessary travel arrangements were made according to what we received from the team managers.



- Basketball, Darts, Football and Volleyball  
The four (4) sporting codes reported to the pre-departure camp on the 2<sup>nd</sup> July 2010.

Air Tickets were arranged through Park Travel, the Vaal University of Technology, the University of Johannesburg and Andrew Mosoma Association and any other use of transport that an athlete(s) or team SA official might have used. An invoice was required in order for USSA to pay for all the transport arranged.

#### **8.3.1.3.3.1 Training at the pre- departure camp:**

Some teams started training on arrival.

#### **8.3.1.3.3.2 Meals**

The venue for meals was the same venue as the training camp that took place on the 16 – 19 June 2010 (refer)

#### **8.3.1.3.3.3 Accommodation**

We used the same residences as the training camp that took place on the 16 – 19 June 2010 but this time with extra rooms. (Refer to)

#### **8.3.1.3.3.4 Training Venues**

Athletics, Darts Table Tennis, Tennis, Netball, and Football used the Tshwane University of Technology training facilities. Basketball is the only sport code that used the Pretoria West Indoor Community hall.

#### **8.3.1.3.3.5 Transport:**

Contact Brokers was used for all the travelling required during the training camp schedules.

#### **8.3.1.3.3.6 Laundry:**

We used the same arrange was done as the training camp held 16 – 19<sup>th</sup> June 2010.

#### **8.3.1.3.3.7 Medical:**

Members of the medical team arrived on the 3<sup>rd</sup> July 2010.

#### **8.3.1.3.3.8 Medical Team Transport Arrangement:**

The medical team used own transportation to the pre-departure camp.

#### **8.3.1.3.3.9 Farewell Banquet**

Mrs Hanlie Murray was instrumental in organising the Farewell Banquet. The Farewell banquet took place on the 3<sup>rd</sup> July 2010 at the TUT premises, Theuns Bester Hall.

#### **8.3.1.3.4 Departure to Botswana:**

The logistics Manager, the Sports Administration Manager and the Financial Manager left South Africa on the 3<sup>rd</sup> July 2010 to Botswana. The reason was to arrive first to arrange rooms for the South African Delegation when they arrive on the 4<sup>th</sup> July 2010. On our arrival in Botswana we were welcome by one of the Local Organizing Committee member at the University of Botswana.

#### **8.3.1.3.4.1 Accommodation:**

The University of Botswana residence was the official athletes Village. Two athletes mainly shared a room with single beds. We were promised that each block will have a warden, a resident Assistant but that was not the case. Only one resident assistant was given to use for the entire South African delegation. Each room was provided with the padlock for their rooms which were returned back after the games. In some of the bathrooms there was no hot water and room electricity plugs did not work. Bedding was



provided, with two sheets, two blankets, 1 pillow and 1 pillow case and a bedspread and 1 toilet paper per day.

#### **8.3.1.3.4.2 Competition Venues & Transport to Games**

Most of the competition venues were located within the University and only Volleyball was outside the University about 50 km drive. The transport was arranged as per the playing schedule.

#### **8.3.1.3.5 Return to South Africa**

Athletes and Management who came from outside Gauteng left on the morning of 10 July 2010 so they could catch early flights back home. They left before the closing ceremony started. All athletes were delivered to the points where they were picked up on the way to the Assembly Camp.

#### **8.3.1.4 Recommendations & Closure**

- **Transport:** This has been a challenging exercise because the information submitted by Team Managers was sometimes not reliable. Flights were changed more often than was desired. Taxi fares could not be verified as no receipts are issued to passengers.
- **Team Managers Workshop:** Arrange an intensive workshop where the exact role and responsibilities of team managers can be spelled out. Managers need to understand where to draw a line with athletes. Therefore it is proposed that the NUSA'S chairperson monitors the team and communicates with the team manager with regards to the progress of the team.
- **Manager's Meeting at the games:** It is critical to have the managers meeting on a daily basis. It will assist with addressing issues. Managers will be able to submit reports on time.
- **Dress Code:** To lead the team we need to lead by example. This specific issue refers to some GDM members who did not adhere to the dress code agreed to by the GDM on a daily basis.
- **Communication:** Suggestion that the NUSA's should also budget for the Air Time for the team managers.



### **8.3.1.5 Administration Manager**

#### **8.3.1.5.1 Introduction**

The 15th CUCSA 2010 Games recently held in Botswana were again a sign that sports in the Zone VI region is growing from strength to strength. With the kind of support shown by the various sports councils of the different countries that participated in this year's CUCSA Games it is evident that these games will soon be a force to be reckoned with in the continent.

As the Administration Manager of the USSA General Delegation Management (GDM) the main objective of this report is to give an overview of the Games from this perspective. As it is evident from the results that Team South Africa did well, these results are the other half of the hard work that was done by the GDM as to make sure that the team performs to its best of ability by making sure that everything is in order. This report will take you through as to the importance of having this office within the GDM and maybe how this office can be better utilise in future tournaments of this nature.

Even though it is difficult at times to share ones experience in this kind of median, nevertheless that is what I try and do in this report but in a summarised way. I would like to hope that whoever is appointed as administration manager for any tournament in the future is able to draw into the kind of experience I will try and share in this report.

#### **8.3.1.5.2 Role and Responsibilities of the Administration Office**

The administration office during the Games is the engine room of the team as this office has a duty to make sure that it coordinates the team's functionality. It is very important that this office functions correctly and that it plays the support role that it is suppose to play. In this report I will try to give an overview as to how this office functioned and also the various people besides myself who really made sure that this office functions as it was suppose to.

It is therefore important to report the functionality of this office, this is important so that lessons can be learnt from each tournament. This will make the office function much better in future games but that can only be achieved if whatever is reported in such reports will then be conveyed or passed on to whomever takes up this office at the next tournament. I must be honest that apart from the information provided by the GDM Handbook it was kind of hard for me to fully understand the full duties of the administration manager. Given that this portfolio plays such an important role as I had to experience during the Games maybe I would have been better equipped if I read a similar report from the previous Games so as not to repeat the same mistakes as before. A lot of the issues one had to pick up as you go along but it was made easy with the support that I got from the rest of the GDM especially the Chef who was there to assist at all times and provide leadership where necessary.

This report is basically divided into three sections which are discussion, recommendation and conclusion. The discussion is further divided into three sections which pre-departure, during the Games and post-departure and in each of these sub-sections various issues are then discussed so as to cover everything from the perspective of the administration manager. This report seeks to take one through the day to day duties of the administration manager and how they were executed even though at times it was not easy. CUCSA GAMES 2010 Page 5

#### **8.3.1.5.3 Pre-Departure Matters**

In this part of the report I will take you through the responsibilities that as an administration manager one had to make sure that they are carried out. I divide it into three sections namely pre-departure, during the Games and post-departure so as to clearly illustrate the responsibilities.

Apart from being involved with the room listing for the assembly camp the administration manager based on the Handbook has very little duties during this time. So it was therefore important that I help out in everything that needed to be done such as the sorting out of



the kit that was to given to the team. This was not an easy task as the sizes that individuals gave and what we had to work with made this task very difficult. It was however good to see that before the team left all size issues were somewhat sorted out even though there were some problems but they were not severe.

#### **8.3.1.5.4 During the Games**

##### **8.3.1.5.4.1 Accommodation**

Together with the Logistic Manager and Accounts Manager the Administration Manager was part of the group that left a day early. This was done so that we could sort out issues of accommodation and collect all the keys for the team before they get to the village and also set up the office. After much difficulty and maybe lack of preparation from the LOC we were able to sort out the male's accommodation but it was a struggle to sort out the female's accommodation which was eventually sorted out.

##### **8.3.1.5.4.2 Office**

The office was set up with all the necessary equipment; the electrical equipment could only be sorted out at a later stage. This was due to the fact that we had not anticipated the use of square plugs which were then purchased. The office was basically the hub for the team and for the first two days of the Games it was open from 07:00 am-22:00pm. As everyone got with the programme it was then opened from 07:00-13:00 and then from 17:00-20:30, this was also done to allow the GDM to go and support the team in various sporting codes. There was a member of the GDM present at all times during office hour to deal with any queries that were brought to them by anyone.

##### **8.3.1.5.4.3 Meetings**

The GDM held daily meetings in the evening just to reflect on the days happenings and plan for the next day. Managers meetings were held every second day so as to allow the GDM enough time to deal with all issues raised in the previous meetings. I stand to be corrected but the GDM managed to sort out all the issues that needed to be sorted out, off cause this only includes issues they control off. However even the issues that were out of their control they tried by all means to sort them out.

##### **8.3.1.5.4.4 Reports and Results**

Together with the Sports Manager, Assistant Administration Manager and Media Officer the daily team manager's reports and scores were collected. Daily results were posted outside of the team's office and were also distributed at the manager's meetings. A daily news letter was also posted at the team's office.

##### **8.3.1.5.4.5 Disciplinary Committee**

As part of the disciplinary committee I can gladly report that there were no disciplinary issues to deal with and I must commend the team for good behaviour shown throughout the Games. Much credit must go to the team managers for making sure that their teams are well behaved.

##### **8.3.1.5.4.6 Ceremonies**

Team SA was well branded and was clearly distinct from everyone during these ceremonies, this largely due to the flags and banners provided to the team, however it was rather difficult to get some of this branding material back as some of it was stolen and some of was not returned to the office as prescribed to the team managers upon issuing them. CUCSA GAMES 2010 Page 7

##### **8.3.1.5.5 Post-departure**

It was important to wrap everything up and pack up all the office equipment and also to make sure that everything is in order before the team departure back to South Africa. The entire office staff made sure that this is done properly and on time, all the keys



were returned to the LOC and all office equipment was returned back to the USSA office.

#### **8.3.1.5.6 Recommendations**

Perhaps in future when the GDM has been finalised I think it would be important for either the NEC of the Chef to actually do an induction sort of workshop. This is essential so that everyone fully comprehends what ones tasks are at each stage be it pre-departure, at the Games and post-departure. Although some roles do overlap but I found that there were times when I personally was not sure exactly how far my duties went and also people did not take lightly to being delegated to by others.

It is a good idea to have the observers take on more responsibility with regards to helping out the GDM, I would just like to add that they too need to be given direction and specific roles so you don't find a situation where they are not sure exactly what they are suppose to do. I would especially for World Student Games would recommend that one of the observers is made an assistant administration manager as the task will be much greater at this level.

#### **8.3.1.5.7 Conclusion**

In conclusion apart from the poor organisation from the LOC I believe that everything went well. The GDM through the guidance of the Chef/HOD whom at all times was always focused at one goal which is to make sure that everything runs smoothly and that the best conditions for Team South Africa were created to perform at their level best, based on the results on the field one can say that the GDM did a good job. What was important to all of our success is how the Chef/HOD sold an idea or vision to the rest of the GDM which was to create the best conditions under any circumstances one would find themselves in and to always give your best no matter what. The GDM then took this from day one until the last day when everyone had left.

From my point of view as the administration manager would want to believe that I was able to execute my duties to a reasonably accepted standard which is not to say there went any difficulties that one encountered.

#### **8.3.1.5.8 Acknowledgements**

First of all I would like to thank USSA NEC for giving a once in a life time opportunity to be part of the GDM for the 15th CUCSA Games it was really an honour to be part of this great team. Any team without a great leader is doomed for failure so with that in mind I would like thank Dr R. Mulaudzi the Chef de Mission for always providing great leadership at all times. Without your great leadership this assignment would not have been such a great success. To the rest of the GDM thank you for always being there for one another making sure that we are support each other in everything we did, without the hard work that we as a team put in we would not be smiling back and looking at our success. Last but not least to all the athletes well done for the performance you showed on and off the field even when all the odds were against us we were able to triumph as a team.



### **8.3.1.6 Medical Report**

#### **8.3.1.6.1 Introduction**

The CUCSA games are multi-coded sports events including Athletics (men and women), Basketball (men and women), Football (men and women), Netball, Tennis (men and women), Volleyball (men and women), Table Tennis (men and women), Darts (men and women). The team comprised of 237 people (athletes and officials included).

The team was based at the University of Botswana. Most of the sports ground that were used were within the university except for Football and Volleyball where Botswana college of Agriculture (+/- 13 km from the university) and Police College (+/- 50 km from the University) grounds were used.

#### **8.3.1.6.2 Pre-Departure**

The Medical Team comprised of 8 members including 2 sports physicians ( Dr. M.P. Maphoto and Dr. N.L. Mongwe), 6 physiotherapists( Ms. Boitumelo Masebe, Mr. Levy Tsoai, Mr. Lesetja Maredi, Ms. Renee Brown, Ms. Kristie Ogle and Ms. Sarah Tempies)

- Meeting with the Code Managers was held in Kempton Park 3 weeks before departure to discuss important issues e.g. Medical reports, ATUE/TUE and Doping.
- A medical staff meeting was held in Pretoria a month prior to departure to discuss important issues, e.g. purchasing of medical equipment and medications, anticipated challenges, screening, etc., in preparation for the games.
- On the 2<sup>nd</sup> July 2010, a meeting of all delegates that were travelling to Botswana was held at TUT. The Chief Medical officer presented the programme for the medical team going forward. Medical issues e.g. Malaria, Yellow Fever, other health issues like washing hands, drinking bottled water, ATUE/TUE etc. were discussed and the delegates were given opportunity to ask questions.
- Training camps of Basketball, Football and Netball were held on the 3<sup>rd</sup> July 2010. Medical team covered some of the training.

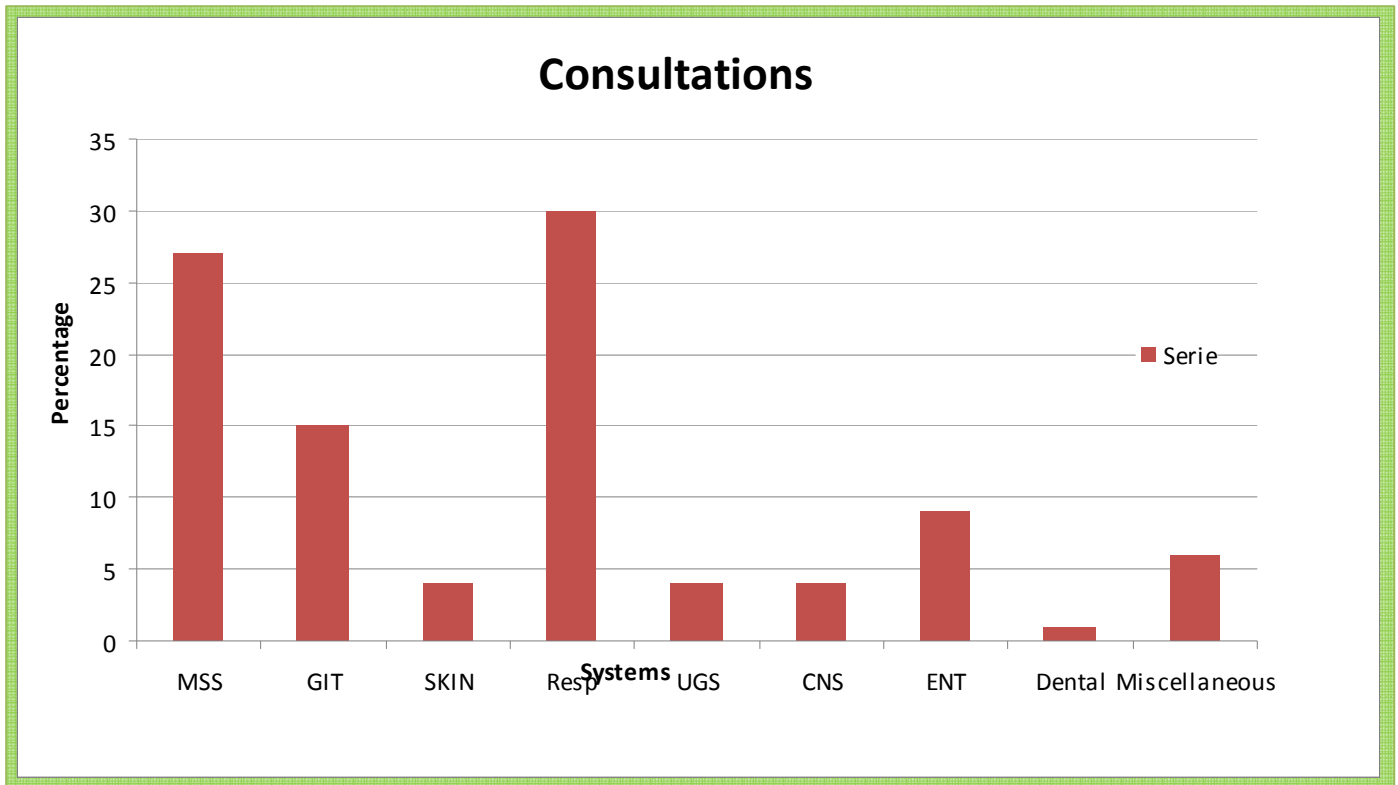
#### **8.3.1.6.3 Pre-Departure**

- On arrival, the first challenge that was the issue of water supply. The local organizing committee informed us that there won't be providing water for the teams. An urgent meeting was held by the GTM. Although not budget for, some means were made to organize water for the athletes and officials.
- At the games, only one meeting with Code Managers and the GTM were held to discuss daily difficulties, challenges and how to solve those problems. The meeting was very helpful in discussing challenges that were encountered the previous days, to share information and the way forward in resolving them.
- The medical team was holding their meeting at 20H00 daily to discuss challenges and the program for the following day. The doctor was "on call" during the night in case of emergencies.
- Ambulances were available at the games
- Two medical rooms were set up at the Athletes Village.

All the medical team members were given sim cards and airtime by the management. It was very helpful because we could communicate easily.

#### **8.3.1.6.4 Medical Issues at the Games**

A total of 100 medical consultations were lodged during this period. Daily consultation rate was 15 per day on average.92% of consultations were athletes and the remaining 8% were officials. The consultations were about the following conditions: Respiratory 30%, Musculoskeletal system (MSS)-27%, Gastro-intestinal tract (GIT) 15%, Ear, Nose, Throat (ENT) 9%, Uro-genital system(UGS) 4%, Central nervous system(CNS) 4%, Skin 4%, Dental 1%, Miscellaneous 6%.



#### 8.3.1.6.5 Physiotherapy Facilities

We made use of two rooms at the residence, one for physiotherapy consultations and one for doctors' consultations. The rooms were in operation from 8am to 8pm and were managed by one or two therapists during the day and by all therapists in the evening. The two beds in the room and two portable plinths were used for treatment and we were equipped with one electrotherapy machine, sufficient strapping and other consumables. Cooler bags were bought for ice in the rooms and at the different venues

#### 8.3.1.6.6 Out at Venues

- All contact sports were accompanied by a physiotherapist who remained with the team at their venues. During the weeks events we rotated sporting codes so that we could gain experience at different events. Due to a shortage of therapists we were not able to attend teams training sessions and only covered the competition events. Netball and tennis were covered by one therapist as the courts were next to each other. Athletics was covered by two therapists in the morning and two in the afternoon.
- Male and female soccer: ankle sprains, grass burns, lower back injuries, shin splints, gastrocnemius and soleus strains .Male and female basket ball: ankle and knee sprains, acute on chronic ankle and knee injuries for strapping, acute on chronic shoulder injuries, hamstring strains, lower back pain, shin splints, gastrocnemius and soleus strains.
- Male and female volleyball: patella tendinitis, shoulder pain. gastrocnemius and soleus strains, shin splints, iliotibial band syndrome, chronic ankle and knee injuries for strapping.
- Netball: finger sprain, acute on chronic patella dislocation and effusion, anxiety attack, chronic ankle and knee injuries for strapping
- Athletics: grade one hamstring strain which became grade two due to non compliance, iliotibial band syndrome, gastrocnemius and soleus strains general rub downs
- Tennis: general rub downs



#### **8.3.1.6.7 Challenges and Recommendations**

- Many teams requested assistance at their respective training sessions but they could not be accommodated due to shortage of staff, we recommend that there should be at least one physiotherapist for each sporting code.
- The level of fitness of some the teams leave much to be desired. In its preparatory meeting, the sub-committee had suggested that if NUSAS could advise on “out of competition” camps in advance, we could deploy personnel during the camps.
- The high incidence of shin splints and gastrocnemius and soleus muscle strains were an indication that the intensity of the training camps were too much for some of the athletes. This also suggests that the level of fitness amongst the athletes is poor. They should therefore be encouraged to follow a strict training programme throughout the year. Stricter screening of athletes before an event should also be incorporated.
- Coaches and managers continue playing injured players. A particularly disturbing incident happened at athletics when an athlete with a grade one hamstring tear was advised not to participate but on insistence from the manager and the athlete she refused to pull out. She was strapped and went on to win a gold medal in the 100m finals. The hamstring was significantly swollen after the event and the athlete again insisted on participating in the hundred meter relay and was told that it was against medical advice and the message was relayed to her manager with a request that he withdraw her from the race but she still competed in the relay and further tore the hamstring. This athlete will most probably be out of action for at least six weeks now. We as medical staff realize that an athlete, especially one that is winning, will want to continue at all cost and therefore it is the responsibility of the managers and coaches to step in and make decisions that will benefit the athletes in the long term and it is also their responsibility to react on the medical advice given to them.
- Communication between medical staff and team managers and coaches should improve so that player injuries can be discussed as players report for treatment without informing their respective coaches about their injuries.
- Players hiding injuries, even when being attended to on the courts to continue playing.
- As a medical team, we should brief our members on the different protocols of the different sports codes , where to sit on the bench and what attire is required at the different codes e.g. at volleyball we must wear long pants.
- Lack of organization from LOC. Some games esp. football was delayed by more than 2 hours. These made it difficult for the medical team to organize themselves.

#### **8.3.1.6.8 Acknowledgements**

The medical team would like to thank:

- The NEC for the appointment and support
- Dr. Rendani Mulaudzi, GTM, Managers and Team SA for continuous support and co-operation.
- USSA for making our traveling arrangements comfortable and for providing us with a car in Botswana. We also appreciate the fact that we were well equipped to treat the athletes in terms of strapping material and other consumables. We also appreciate the hard work put in by every member of our team.
- Dr. Malumbete Ralethe, for the continuous medical support
- The sponsors and partners of USSA for the apparel



## **8.3.2 Team Managers Reports**

### **8.3.2.1 Athletics**

#### **8.3.2.1.1 Introduction**

The aim of USSA Athletics was to send a well represented development team to the 15<sup>th</sup> CUCSA Games, that will represent South Africa and do the Country proud, and to bring back the maximum amount of medals from the Games as we did in previous years. For each athlete to come back with minimum one medal, but more importantly impart of our knowledge and build relations with our fellow African brothers and sisters.

Overall the team did well and did our Country proud. As such, USSA Athletics recommends sending a bigger team represent South Africa at the CUCSA Games as to develop and give more and more student the opportunity to improve the ability at an International level. This will prepare them for even better competitions like the FASU and World Student (Universiade).

#### **8.3.2.1.2 Pre-Departure**

##### **8.3.2.1.2.1 Team Selection**

The CUCSA Athletics Team was selected at our National Track & Field Championships in Potchefstroom, April 2010. Athletes were selected from the top eight position during the two day event and immediately informed of their selection after the final event.

##### **8.3.2.1.2.2 Team Officials**

All officials had to hand in an Athletic CV before the Track & Field Championship and the final selection was made at a meeting held the day before the Championship.

##### **8.3.2.1.3 At the Games**

At the Games things started a bit slow with accommodation being a challenge on our arrival. Things soon sorted itself out with the entire management and team being accommodated within minutes after dinner.

Meetings were held and the team with coaches had a weekly plan leading to the day of competition. The weekly plan consisted of training days which were held at the University Stadium which also was the Athletic Competition Venue. The athletes were well supported by the medical team who attended to all their medical requirements. During the competition all athletes perform at top form and were awarded with his or her, own medal or two. The total medals won by USSA Athletics at the Games are:

<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>	<b>TOTAL</b>
26	9	8	43

##### **8.3.2.1.4 Recommendations**

USSA Athletics recommend that future teams be increased in size/number.



### **8.3.2.2 Basketball Women**

#### **8.3.2.2.1 Introduction**

The report consists of a detailed breakdown of the 15<sup>th</sup> CUCSA Games held in Botswana on 5 – 10 July 2010. It consists of matters pertaining from the pre-departure issues until the end of the Games.

Under the pre-departure issues it talks about the process that was followed when team selection was done up to the finalization of the team. It deals with the selection of officials and the appointment of the relevant officials. We look at the team preparation and training of each individual player as well as issues pertaining to the kit for the players. We also take a look at the travel arrangements from the beginning of this project until the end and also the challenges that were faced not just by team managers but as USSA as well.

In depth information is given of what happened at the Games in Botswana. We look at the training and competition venues. The report reflects detailed information regarding the opening and closing ceremonies, medical issues, accommodation and food. The support team that went along to Botswana, facilities and logistics and results are highlighted in this report. One of the major goals of this team was not to just win but win convincingly and the scores and video tapes are a testimony to that. Having missed out on Gold in 2006, the women's basketball team was determined to capture Gold playing high level international basketball and I am proud to say they did this with flying colours but there is still room to go to greater heights.

The report acknowledges numerous individuals and support teams that contributed to the team's success and those people will be highlighted even though it is unfortunate that we can't mention everyone. The report however recognizes that the success of this team was truly a team effort and even though the players might have received Gold medals, in truth these medals were deserving for all those who contributed. No matter how small or big the contribution.

The African CUCSA Zone VI Games are held every two years. Universities from Southern Africa are participants in these games. The Confederation of University and Colleges Sports Association (CUCSA) was founded on 18 August 1990 in Lusaka Zambia. The games are held on a rotational basis given each country to host this memorable event. Participation in these games includes the following sporting codes: Athletics (track & field); Basketball; Chess; Darts; Football; Netball; Table Tennis; Tennis and Volleyball.

From a USSA point of view the participation for students in these games is a way to improve opportunities for all students to acquire the necessary skills to compete at all levels. This inspires students to work harder in order to achieve bigger things in Basketball. Even though the main focus is placed on participation in sport, USSA also makes sure that students do not neglect their education. The last time a USSA basketball women's team participated in these games was in Pretoria 2006.

#### **8.3.2.2.2 Pre-departure**

##### **8.3.2.2.2.1 Team Selection**

Invitations were sent to all universities for teams to participate in the trials that were held at Wits University on 2 – 5 April 2010. From the trials 15 potential players were selected as part of the USSA National Team. The players that were selected are from various universities in the country.

The final team selected for the Games were:

- Gabisile Ndlangamandla – UJ
- Requelh Molema – VUT
- Veranique Samuels – UWC
- Letshego Ntoi – VUT



- Nosipho Njokweni – UJ
- Kgaugelo Phiri – UJ
- Nombulelo Ngcaku – VUT
- Takalani Mfamadi – TUKS
- Linda Nkuna – TUKS
- Lungile Mtsweni – CPU
- Vuyelwa Gamka – VUT
- Kelello Tswai – TUKS

#### **8.3.2.2.2 Appointment of Officials**

Emails -mails were published on University websites and interested candidates were requested to forward their CV's to the USSA office. The Committee members gave their recommendations and based on the profile of the candidates the officials was appointed. E-mails were sent to the successful candidates to inform them that they were selected. The successful candidates were requested to reply as to whether they accepted or not.

#### **8.3.2.2.3 Team Preparation and training**

Training was the responsibility of each player to ensure that they are fit and ready to compete in the Games. They were also given training programmes that was designed specifically for their needs by the coach.

#### **8.3.2.2.4 Kit and Clothing**

The training kit was supplied by Basketball SA for the camp that was held at TUT on 16 – 19 June 2010 as well as the assembly camp before we left for Botswana. BSA provided us with the 24 second clock and we were also supplied with energy drinks and bars for the players.

#### **8.3.2.2.5 Travel Arrangements**

An itinerary list was sent to us by Ms Sibongile Maswanganye to gather information as to where the players will be leaving from and returning to after we return from Botswana. It was a challenge as players were not hundred percent sure as to where they will be going back to. At the end of the day we were able to get the information and submit it in time in order for Ms Sibongile Maswanganye to make the necessary arrangements.

#### **8.3.2.2.3 At the Games**

##### **8.3.2.2.3.1 Training & Competition venues and programmes**

The competition venue was a challenge due to the fact that there was no indoor court in Botswana. The players had to change their mental state to prepare themselves for playing outside as the surface was different from what they had prepared for. All the teams' preparations were held in an indoor court. Fixtures were done on a daily basis. A technical meeting was held on the 4<sup>th</sup> of July upon our arrival in Botswana. The organizers of the games had numerous challenges with regards to equipment such as padding for the basketball poles, 24 sec clock and shortage of referees. Regardless of the challenges that faced them, the games grew in momentum as the tournament went on and most of the issues were addressed. As indicated in our gala dinner, we accepted the best Botswana could give us and we made the best of what we were given.

##### **8.3.2.2.3.2 Opening and Closing Ceremonies**

The opening ceremony was held on Monday 05 July 2010 at the University of Botswana's soccer stadium. It was a memorable experience to see that South Africa had the largest team. We had the privilege of taking along every sporting code that was taking part in the CUCSA Games.

Some of the participants had to leave early on the day of the closing ceremony and as such some of us were not fortunate enough to attend the closing ceremony held on Saturday 10 July 2010 at the University of Botswana soccer stadium. I am certain that it was as memorable as the opening ceremony.

##### **8.3.2.2.3.3 Medical Issues**

Two doctors and six physiotherapists accompanied the team to Botswana. We had injuries that were sustained by players at the training camp which could not be treated there as



the doctors were not at the training camps due to the fact that we did not have our game fixtures in advance, that made it difficult to make appointments with the doctors and physiotherapists. We could manage however to get appointments with the doctors and physiotherapists through telephonic communication. All the players were treated and the medical team in numerous cases went the extra mile to treat some of players after the allocated time which was 20h00. The equipment that the medical team had was of how standard and with the medical care that the team received, they were all able to participate in the CUCSA Games. Other injuries were sustained during the games and were treated immediately at the games due to the medical team being available at the games.

#### **8.3.2.2.3.4 Accommodation and Food**

We arrived in Botswana on Sunday 04 July 2010 and upon arrival we were told that the accommodation was not finalized. Accommodation was only acquired at 21:00 on Sunday evening. The rooms were neat and tidy and spacious. We had some issues regarding the food as some of the players' dietary requirements were not fully met. This was a major lesson learnt and as such we will plan in advance when it comes to specific dietary requirements for the team. As much as the menu remained the same everyday we were well hosted and enjoyed our food. We however did not experience any problems in getting take away food when we were playing games and the kitchen staff were always eager to assist in that regard.

#### **8.3.2.2.3.5 Support Personnel (GDM)**

The support personnel that went along to Botswana went out of their way to ensure the smooth transition from accommodation to food, even though they were also faced with challenges at time. We could go to them for any issues that we were experiencing and it was resolved and follow ups were done on the progress of the issues. They supplied us with sim cards and air time for Botswana in order for us to get in contact with them as well as to communicate with the medical staff in case of an emergency. We had managers meetings to discuss our issues and give progress reports on the games even if at times it was difficult to do due to teams playing early in the mornings where their managers could not attend the meetings.

#### **8.3.2.2.3.6 Facilities and logistics**

At the training camp and assembly camp, USSA made it possible for us to have an indoor court to train at. The facilities were well equipped with the necessary hoops, with BSA supplying us with the balls and 24 second clock.

Even though the playing venue in Botswana was an outdoor court it wasn't hard for the ladies to adjust to playing on it as we also have outdoor courts in South Africa and that is where most of them started playing basketball. There were no changing rooms, but even this was not a difficult thing to adjust to. The court at St Mary's was not suitable for training and thus the technical team requested that it train at an alternative venue for the holding camp. The reason for this request was that the court at St Mary's was slippery and thus a lot of players could not push themselves physically and those that did, got injured. The basketball court at Pilditch hall for the disabled was ideal for the teams' preparation.

#### **8.3.2.2.3.7 Results**

Team Mzansi was in Pool B with Namibia and Botswana. The results of the pool games were as follows:

- SA vs 46 vs Botswana 16
- SA vs 81 vs Namibia 17
- SA vs 76 – Zimbabwe 33 (semi-finals)
- SA vs 66 – Zambia 38 (Finals)

I would like to bring it to the attention of USSA that of the 15 man squad that we picked for these games, 12 players from this team have been invited to the 22 senior national team squad that will begin preparations for the qualifiers mentioned above. This goes well in



ensuring that USSA basketball continues bringing quality results in the near future in the CUCSA, FASU and FISU related competitions.

#### **8.3.2.2.4 Recommendations**

It is requested that it be recommended to CUCSA that the technical staff of the winning teams be provided with medals. This is an international and domestic norm for basketball. This recommended due to the fact that the technical team for the women's basketball team did not receive their medals at these games.

I recommend that players can upload their profiles on the USSA website in order for future team managers to familiarize themselves with the team that they will be working with. I think this will also enable USSA to keep track of the players' achievements as well as their academic achievements. This will enable USSA to download a players profile when he/she has been selected for a Provincial or even National Team.

#### **8.3.2.2.5 Conclusion and acknowledgements**

In conclusion the 15<sup>th</sup> CUCSA Games 2010 was a success and a wonderful experience for all involved. I would like to extend a word of thanks to USSA for all the effort they put in to ensure that student sports remain alive in South Africa. To the NEC thank you for all the hard work from the arrangement of the training camps to the end of the Games. We know at times it was hard and stressful to get all the information with all the challenges that we faced, but in everything you remained professional throughout the whole experience. To Basketball SA, thank you for the equipment you provided for us during our training camps as well as the energy bars and drinks. To the National Lottery without your financial support we would not have been able to attend the CUCSA Games and we thank you from the bottom of our hearts. Last but not least to the technical team, I thank you for the experience that I had to be part of this team. Finally to Botswana for hosting a memorable 15<sup>th</sup> CUCSA Games, we thank you and your staff that made our stay in Botswana an experience to remember.

Thank you to Mr. Frans Mamabolo for the faith he had in me in making me part of this team. It was a great learning experience and I can only grow from this with your help. I don't think this team can underestimate the role played by USSA basketball as led by the Chairperson, Mr. Frans Mamabolo. It is through the hard work of Mr. Mamabolo and team that we had access to the federation and all the other small things that they did that made a huge difference in the team's performance. I am happy that the results vindicated their hard work and sleepless nights.

A word of thanks to USSA President, Mr. Sanele Madlala and Assessor Mr. Makhosandile Majeke for their never ending support for the team at the games and their devotion to ensuring everyone representing Team Mzansi did so with pride.

Lastly but definitely not the least, I would like to thank the Chef de Mission, Dr. Rendani Mulaudzi and his team for the opportunity for women's basketball to once again shine as a USSA sport code. We were proud to be led by such a wise and humble leader. We noticed and appreciate the support.



### **8.3.2.3 Basketball Men**

#### **8.3.2.3.1 Introduction**

2010 yes 2010, it is the year that South Africa hosted the biggest spectacle in the sporting world which is the World Cup. While S.A was preparing to host the World cup, our neighbour Botswana was also preparing to host the 2010 CUCSA games. I think they were feeling it as well. The games were scheduled from the 05 of July 2010 to the 09 of July 2010. In the next paragraphs I will be unpacking the events that occurred prior to us leaving for Botswana and while in Botswana i.e. that is from our training camp to the closing ceremony.

First and foremost I would like to thank the USSA family (From Doc Rendani, The President Himself, Chaka, Lungelo, Shela, Nomcebo the list is endless and not forgetting the manager's and the athletes) for making the CUCSA 2010 possible and I hope the athletes honoured the work put into this event. Rumour has it that the teams used to go competitions without training, be it World Students Games or CUCSA and fro those who do not know we had a training camp. The training was planned to start on the 16<sup>th</sup> to the 19<sup>th</sup> of July 2010 and indeed everything went according our plan. The team was accommodated in Pretoria at Tshwane University of Technology and trained at St Mary's Girls School. On arrival on the 16<sup>th</sup> we had one training session in the afternoon due to people arriving at different times. The next day we had two sessions, the first one was from 10h00 till 12h00 and the second one was at 18h00 till 20h00. On the 18<sup>th</sup> the schedule was similar to the one on the 17<sup>th</sup> but the only different was that we played a practice game against a team from Pretoria. And on the last the 18<sup>th</sup> we had a morning session at 08h00 till 10h00 due to people departing for home. On the very same day people left for home, those that were going to the airport left at 13h00 and the Johannesburg people left at 16h00.

During our training camp we did not have our kit ready and BSA borrowed us some of their kit. Also I would to mention the help they we got from them giving us energy drinks, energy bars, playing kit and the Scoreboard. All these made our training sessions much easier. On the 02<sup>nd</sup> of July 2010 it was the first day for our pre-departure camp. Our first training was scheduled for 14h00 which I was late for that because the bus left me behind. With the bus issue I do not want to dwell much in to the events that took place but the only solution I have is how to avoid situations like that happening in the future. As I was still on the issue of our training camp, I arrived there at 16h30 with two athletes that were also left behind at Wits. And this time around we were training at the Disabled Sport Center situated in Pretoria West. Our training session finished at 18h30 and we left for TUT to have supper.

On the very same night at TUT we had a team S.A briefing were all the athletes and managers were expected to be present and yes we were present. Dr Rendani Chef de Mission briefed everyone from the Dinner, Representing the Country, allowances, and accommodation in Botswana, games villages, curfew and so forth. Medical issues were addressed by Dr. Maphoto. The next day was our last day for preparations so we two sessions one in the morning and the second session we played a game few hours before the Dinner. The dinner was well organized from the M'cee, the Program and the Photographs. As for the food it was delicious and the cherry on top was the drinks. The other thing I will like to mention is the transport arrangements. I think the team did their best towards making sure that every body is transported from their home, to their training venues and then back home. Also during the pre-departure camp we picked up where we left off, transport ran smooth again. I will like to thank this individual our driver and his name is Anton for all the effort he put in transporting us to and from our training venues.

The next day the 4<sup>th</sup> was our departure day and we were scheduled to depart at 08h00. Due to our playing kit arriving late at the airport, I had to stay behind and fetch it at the airport. The buses left for Gaborone at 10h00 and I also left for the airport. On my arrival in Botswana I was briefed about the meeting that took place earlier on. The next day which was the 5<sup>th</sup> was the first day of our games but we started with a managers meeting



immediately after breakfast. Later we went to the stadium inside the University for the Opening Ceremony. The ceremony started later than scheduled but as soon as it started everything went accordingly. Apart from the dignitaries there was also entertainment from local artist. As for the closing ceremony it was longer than expected.

There is one thing I was happy that I was not part of i.e. the medical team. I think these guys did their utmost best to help us at all times when needed. They were available at all times except when they had more sporting quotes playing at the same time. Their accommodation was not that bad only when we did not have hot water. We requested that hot water should be made available, and the water was made available but it finished quickly. As for the food I have three words Chicken and Beef. The breakfast was terrible but I asked some of the locals and they said they don't eat breakfast. This was not a surprise to me when I saw what was served for breakfast. The lunch and the supper were something else; we were basically eating the same food (chicken and beef) all the time. Regardless of the situation we survived and thanks to the GDM for all the support they gave us in Botswana, from supplying water, laundry, supporting us during our games, fetching meals for the athletes with us and so forth. I think the work that was put into these was noticed and was very much appreciated.

Basketball was scheduled to play inside the University of Botswana on the outdoor facilities which were approximately 5 minutes walk from the hostels. There were two outdoor courts which were both used even without padding and padding was put on the 4<sup>th</sup> day. The 2010 CUCSA Games in Botswana were nearly a success to the Men's team. The guys played their hearts out and they deserve every victory they got. As for the losses against one team we just need to learn from them and use the experience gained in the next competition. The dates and results are listed below

DATE	TIME	SCORES
5/7/2010	13h00	S.A <b>66-51</b> Namibia
6/7/2010	15h00	Angola <b>70-48</b> S.A
7/7/2010	15h00	S.A <b>61-48</b> Botswana
8/7/2010	18h00	Zambia <b>59-65</b> SA (Semi-final)
9/7/2010	19h00	Angola <b>74-44</b> S.A (Final)

As a team manager I was proud of the way the boys played in the final against Angola. It is a known factor that Angola is numero uno (number 1) in Africa and until such time that we prepare way well in advance and there are better leagues in the country we will always become second to Angola. The officiating was not what we expected it was very poor and on scale of 5 I will give 2. The biggest problem was that other countries did not bring their referees and local referees had to be used. I am not saying we lost because of the officiating but it can affect the game.

For the future, I would like to firstly suggest that when we go for the next CUCSA games indoors must be used. We cannot play an international tournament on an outdoor court. Second, the teams should be selected way well in advance so that they can adequate time to prepare. To us managers we should get correct information from athletes and also the information communicated from the office should be the same at all times. In closing as I have said before all the work put into this was noticed and was very much appreciated.



#### **8.3.2.4 Chess**

##### **8.3.2.4.1 Introduction**

This report aims to identify challenges faced prior to and during the games, so that the delegation and organizing committee can make the necessary changes to make improvements for future competitions. It was my first time accompanying a SASSU Team as a manager to the CUCSA Games and I can honestly say that it was a very good experience for me. I was very impressed with the delegation as communication from the top downwards was impressive and I did my utmost to comply and get information to them as soon as possible. The objective of my report is to discuss the issues such as travel itinerary, accommodation, kit etc. So that the necessary changes can be made to ensure that next time it can be a smooth process. This experience was a learning curve for all managers and GDM, as we now know what is expected from us when accompanying a team of this magnitude to an international event.

The CUCSA Games was held in Gaborone, Botswana from the 04 -10<sup>th</sup> July. A pre departure camp was held from the 2<sup>nd</sup> to the 04<sup>th</sup> July to prepare the athletes for the competition in Botswana. At the pre departure camp the athletes had a farewell function, whereby they were addressed by the president of SASSU as well as the Sponsor representative, received their clothing.... The team then departed via busses for Botswana on the morning of the 4<sup>th</sup>, whereby we reached our destination in 7 hours. On arrival at Botswana, the team had lunch and the managers had to attend a meeting held by the organizing committee. After that meeting, managers had to attend technical meeting for our sports code. There were some delays with accommodation and our last group only moved into their rooms at 21:00, which was quite inconvenient. Apart from this there was no major hiccups from team SA's side.

##### **8.3.2.4.2 Pre-Departure Camp**

###### **8.3.2.4.2.1 Team Selection**

The team was already selected; I just had to distribute the information to the 8 players (4 ladies and 4 men). Closer to the pre departure camp, 1 girl withdrew, Cindi Mbahlebe. It was a challenge to get hold of them but I managed to replace them in time for pre departure camp.

###### **8.3.2.4.2.2 Team preparation and/or training**

The team did not require any training prior to the games, as they all have their different style of playing. However, the coach gave them some tips at the pre departure camp, whereby we used the chess room, to do this practice.

###### **8.3.2.4.2.3 Kit and clothing/uniforms**

The only issues that I had with kit was that we did not have enough T-shirts, being on tour for 6 days with only 2 T-shirts is quite a challenge. The other issue is the distribution of clothing. It was quite chaotic.

###### **8.3.2.4.2.4 Travel arrangements**

I thought that travel arrangements went quite smoothly and was well organized. Arrangements for those athletes travelling from outside Gauteng (e.g., Limpopo and Mpumalanga) were communicated a bit late which made the athletes uneasy as they could not make arrangements until the last day.

##### **8.3.2.4.3 At the Games**

###### **8.3.2.4.3.1 Training & Competition Venues and Programmes**

We had no issues concerning training as my chess players used their rooms to practice. However I think it was poor organization on the part of the organizing committee, when it came to the competition venue and the program. On arrival in Botswana, when I attended the technical meeting, we had to work out a program. I



felt that this was unacceptable because it should have been drawn up prior to the games. In that technical meeting, Dmitri (manager/coach) was selected to be an arbiter, we were also discussing rules and regulations, entries, weather it should be a team or individual event, issues that should have been discussed amongst the organizers prior to the games. As a result we could not start on the Monday because not only were they not prepared (no program) but they did not have enough clocks. I then asked them in the meeting to please communicate with the countries on issues such as clocks and teams. If we knew there was a shortage then each country could have brought along four clocks each. We received our programmes on Monday afternoon. We were scheduled to start on Tuesday at 09:00, but instead we started 30 minutes later, as they did not communicate properly with all countries. Apart from these issues I thought that our competition venue was quite small.

#### **8.3.2.4.3.2 Opening and closing ceremonies**

I have no issues with the opening ceremony; however I do have an issue with the closing ceremony. I have noticed that at the start of the closing ceremony they handed out a few sporting code's medals. After 5 sporting codes (netball, volleyball, basketball, darts and chess) received their medals the athletes left for the busses. I thought that it was quite rude as there were still a few sporting codes that had to receive medals, so they could at least have stayed until those were finished. I am aware that we were behind on travel arrangements, due to poor organization on their part; regardless I feel that they should have stayed to support their fellow team mates.

#### **8.3.2.4.3.3 Medical issues, including injuries**

I had no medical issues as none of my players required their services. Only one of my players made use of the physiotherapist as she had a problem with her lower back

#### **8.3.2.4.3.4 Other Issues**

One other issue that I was unhappy about and I am sure a lot of the participants and managers will agree with me on this is the food. Firstly we did not receive a sufficient amount of food to sustain until the next meal (e.g. Breakfast: we got 2 slices of bread and had to choose between an egg and Vienna). Secondly there was absolutely no variety; the food was the same everyday, chicken and salad. Lunch and dinner were also the same meals.

#### **8.3.2.4.4 Recommendations**

##### **8.3.2.4.4.1 Kit and clothing/uniforms**

With the distribution I would recommend that next time they handle one sports code at a time to avoid the congestion. Also that they try and distribute clothing earlier, either in the morning of the last day or a day prior to departure, thus clothing issues can be sorted out in time.

##### **8.3.2.4.4.2 Competition venue and Programmes**

The organizing committee should communicate with countries, so that they compile their programs prior to competition. The organizing country should communicate to each sports code exactly what they need for competition, so that we don't end up with problems such as limited amount of clocks for example. On the issue of clocks, I would also suggest that USSA reward players (maybe just the winners or top 2 at SASSU Championships) with clocks as a prize, so that they can take it along to the competition.

##### **8.3.2.4.4.3 Food & Water**

I would like to suggest that in future Team SA invests in an alternative catering team or even just hires one chef whom accompanies the team to competition and draws up the menu, which will be financially supported by USSA. As nutrition is an important part of performance and could make a huge difference to an athlete's performance. I think this matter is of utmost importance and requires serious consideration. The water which was



allocated to us, was enough for my athletes (they needed two 500ml bottles per day). However there were sports codes that had a shortage and I had to give off some of our water, which I did not have a problem with. I feel that in future, they should get more water as it is probably one of the most important necessities and can also affect performance. Players under perform when dehydrated, so we have to make sure that they get enough water, no matter what sport they play.

#### **8.3.2.4.5 Conclusions and Acknowledgements**

CUCSA Games held in Gaborone, Botswana was very successful, in both performances of teams and effectiveness of managers and the delegation. Everything was well organized from the time that we arrived at the Pre departure camp on the 4<sup>th</sup> July to the end of the competition in Botswana on the 10<sup>th</sup> July. I thank the GDM for their commitment, at the games their offices was always open and it was easy to communicate with them on issues. I really have to acknowledge the Head of Delegation, Dr Rendani Mulaudzi as well as the GDM on doing an excellent job.



### **8.3.2.5 Darts**

#### **8.3.2.5.1 Introduction**

While the World's eyes were fixed on South Africa to host 2010 FIFA WORLD CUP, Botswana, our neighbouring country, was preparing to host the 15<sup>th</sup> 2010 CUCSA GAMES which took place in University of Botswana, Gaborone, from 05 – 07 July 2010. Universities in 10 countries formed part of the tournament, i.e. Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia, Swaziland, Zambia, Zimbabwe and of course South Africa. The Sporting codes participated are: Basketball, Chess, Football, Netball, Softball, Table Tennis, Tennis, Volleyball and Darts.

#### **8.3.2.5.2 Pre-Departure**

##### **8.3.2.5.2.1 Team Selection & the Appointment of Officials**

All players were selected according to their eligibility and availability (i.e. be able to play and meet all of the commitments involved), and above all, good performance and skill. All officials were appointed according to previous and relevant experience in the required area of expertise, and one must have a sense of humor and good relationship with the players.

##### **8.3.2.5.2.2 Team Preparation/Training**

Darts pre-departure training camp was held in WSU (East London) from 16 – 19 June 2010. The training was worthwhile as is much more than having a good time together, but built a positive relationship amongst players as they are from different Institutions. What contributed most in the performance were their accountability, commitment, determination, shared vision and values.

##### **8.3.2.5.2.3 Kit and Clothing/Uniform**

All team players were uniformly attired, i.e. formal Green and White shirts/blouses and formal trousers for both males and females. Each player was provided with Tracksuit, Golf-shirt, T-shirt and pair of sneakers – which they appreciated a lot. All appreciations go to USSA and not forgetting the lady behind all this: Shela for her hard-working

##### **8.3.2.5.2.4 Travel Arrangements**

Working hand in hand with Sibongile, the Logistics Manager, really made travel arrangements very easy. We were able to submit travel itinerary on time which made her bookings of flights and buses easy – thanks to USSA and Sibongile for her hard work.

##### **8.3.2.5.3 At the Games**

###### **8.3.2.5.3.1 Training & Competition Venues and Programme**

It was very challenging for Darts because initially we had to share completion venue with Table tennis – but after several meetings, we were provided with one auditorium in the campus which is a walking distance from the hostels. We were provided with enough Darts Boards, chairs and tables and each player brought his/her own darts. Only 3 out of 6 countries participated, i.e. Botswana, Zimbabwe and South Africa and this made the programme to be short and the tournament took only 2 days.

###### **8.3.2.5.3.2 Opening & Closing Ceremonies**

The Opening Ceremony took place on the 06 July 2010 and was organized in conjunction with the University of Botswana 20<sup>th</sup> Anniversary. The set-up of the function was well organized and each country was well represented and displaying their national colours and flags.

The closing ceremony on 10 July 2010 was not well organised. By the time it started, many of the countries had already left. However, the presentation of the medals went very well although it appears as if not enough were provided.



**8.3.2.5.3.3 Medical Issues**

Our Professional Medical Doctors and Physiotherapists were always ready for any assistance – 24 hours. No serious injuries were reported – thanks to USSA and the Medical team.

**8.3.2.5.3.4 Accommodation & Food**

Well presented, clean and fully furnished rooms with bed, table, chair and bedding. The food appeared very healthy.

**8.3.2.5.3.5 Support Personnel**

USSA Office was well presented with qualified and helpful personnel. They were always there for everyone.

**8.3.2.5.4 Recommendations and Acknowledgements**

The CUCSA Games may be gone, but it has left us with good and immeasurable unforgettable memories. Botswana hosted it with dignity and Ubuntu.

It is imperative and very prudential that games of this nature should continue on yearly basis so as to have good Southern African relations. This could be used to further the ties between these nations. It was very touching and emotionally draining to intermingle with fellow Africans to which I am extremely proud of to be part of these games of immense magnitude.

To this end, a word of thank you is directed towards the USSA Office, organisers, the host country, the students and team leaders for their wonderful selfless contribution to make this event a success it was. The coaches are also acknowledged and I salute them for preparing our students to perform and acquaint themselves very diligently. A word of gratitude is directed to the sponsors (LOTTO), without them this could have been a futile exercise.

**8.3.2.5.5 Appendices**

**8.3.2.5.5.1 Results and Outstanding Performance - 2010 Final Score for Men**

South Africa	vs	Botswana
3		9
Botswana	vs	Zimbabwe
0		12
South Africa	vs	Zimbabwe
0		12

**8.3.2.5.5.2 Final Results & Standing**

- 1<sup>st</sup> Place: Zimbabwe by 24 points
- 2<sup>nd</sup> Place: Botswana by 09 points
- 3<sup>rd</sup> Place: South Africa by 03 points

Highest score of the tournament: Nyembe (180) x 2 - Zimbabwe  
 Highest closure of the tournament: Nyembe (112) – Zimbabwe

**8.3.2.5.5.3 Results and Outstanding Performance - 2010 Final Score for Women**

South Africa	vs	Botswana
4		8
Botswana	vs	Zimbabwe
9		3
South Africa	vs	Zimbabwe
8		4

**8.3.2.5.5.4 Final Results & Standing**



1<sup>st</sup> Place: Botswana by 17 points  
2<sup>nd</sup> Place: South Africa by 12 points  
3<sup>rd</sup> Place: Zimbabwe by 07 points

Highest score of the tournament: Lesego (140) - Botswana  
Highest closure of the tournament: Khanyi (101) – South Africa

#### **8.3.2.5.5.5 2010 USSA Darts National Team**

##### **8.3.2.5.5.5.1 Males**

- Mogano Maisha (TUT)
- Komati Tebogo (TUT)
- Cele Njabulo (MUT)
- Nene Smphiwe (MUT)
- Songo Mawande (WSU)
- Ndleleni Bandile (WSU)

##### **8.3.2.5.5.5.2 Females**

- Ngunga Philiswa (WSU)
- Balo Vathiswa (WSU)
- Mbewu Babalwa (WSU)
- Pheeha Mary (TUT)
- Khanyi Nokukhanya (TUT)
- Dlamini Nozipho (MUT)

##### **8.3.2.5.5.5.3 Officials**

1. Coach: Mr Mbuso Ngubane
2. Manager – Women: Ms Sarina Rametsi
3. Manager – Men: Mr Xabiso Blom

##### **8.3.2.5.5.5.4 Medals Received**

1. 5 Silver Medals (Women) instead of 6
2. 5 Bronze Medals (Men) instead of 6



### **8.3.2.6 Football Women**

#### **8.3.2.6.1 Introduction**

This report aims to give a clear understanding of the preparations of and the actual 2010 Zone VI CUCSA Games that took place at the University of Botswana in the city of Gaborone. The reader will be guided through all details of camps and the tournament. All attached is a combination compiled by the technical team of the Women's Football team.

#### **8.3.2.6.2 Pre-Departure**

University Sport South Africa Football National Executive (USSA Football NEC) together with a group of selectors chose a fifty two (52) women squad which was to go through a training camp where a twenty (20) women squad was to be selected. Ten of the fifty two players dropped out before the actual camp.

The USSA Football NEC went on to select the technical team after receiving applications from different institutions. The three officials were to take control of the team from the first camp right through to the actual tournament. The one coach could not continue with his duties and therefore Mr. Zwelithethindaba Sapula was appointed as an assistant coach.

The team went through two camps and a pre-departure camp before taking on the southern African teams at the CUCSA Games. At the tournament the team played their hearts out and therefore returned with gold medals.

##### **8.3.2.6.2.1 First Camp in Bloemfontein**

The first camp was held at Bloemfontein at the University of Free State from the 1st to the 5th of April 2010. At this camp 42 players attended and a squad of 20 players was to be decided upon after the camp. Most players had brought their passports while others were still awaiting them. At this camp the Mr. Bongani Yengwa who had been appointed to be the assistant coach for the team send through an apology that he could not attend the camp. The full report and training program sent to players are attached.

##### **8.3.2.6.2.2 Second Camp at TUT**

The second training camp was held at TUT Pretoria from the 16th to the 19th of June 2010. This camp was fully sponsored by University Sport South Africa (USSA) National Executive Committee. Travel Itinerary is attached. Accommodation was at Astra Residence.

This camp consisted of six training sessions of which the detail is attached. A problem encountered were mainly the quantity of food for players was too little and players that were sick. An arrangement was however done for the sick players to be able to see a doctor. Ice was provided by the committee and the training fields were made available TUT. A friendly match was scheduled to be played on Friday, 18 June 2010 against Winchester Ladies, but it did not take place due the unavailability of the team at the eleventh hour. A training match was then played against USSA Football Men's team. A Goalkeeper coach, Monde Hlatshwayo, was appointed to assist the goalkeepers during this camp since a need arose from the first camp.

##### **8.3.2.6.2.3 Third Training Camp at Assembly Camp**

The pre-departure camp was at TUT Pretoria from Friday, 02 July 2010 to Sunday, 04 July 2010. All players reported to camp at 17h00. All documents were collected from players. The referees (Ms. Nomvula Masilela and Mr. Abdul Ebrahim) who were scheduled to travel with Football also arrived later in the evening. The team went to the mall together, had fun and games and played beach soccer. This helped some of the players that were tense to loosen up. A team meeting was held which was just to stress the importance of the CUCSA games and the performance.



Clothing and allowances were handed to players and a few changes came up in terms of clothing with regards to sizes. All players and coaches signed for their allowances. Playing kit was also handed to the players. Two sets of playing kit were bought for the team; one being white and black and the other being green and white along with a kit bag. A briefing session for all players was held with the General Delegation Management (GDM) where important points were pointed out to athletes.

The quantity of the food at the pre-departure camp was better than at the Training Camp and so the players were happy. A function organized by the GDM occurred on Saturday, 03 July 2010 at TUT and the team was presented to those present. The team then travelled to Botswana along with other sporting codes on Sunday, 04 July 2010.

#### **8.3.2.6.3 At the CUCSA Games**

The 2010 CUCSA games were held in Gaborone at the University of Botswana from the 05th to the 10th of July 2010.

##### **8.3.2.6.3.1 Arrival Day – 04 July 2010**

The players were not placed at the residences when arrived since there were insufficient ladies rooms. The GDM worked on the problem and it was sorted out soon after. The ladies stayed at Block 475 and the coaches and the male referee were accommodated at Block 476. Meal tickets and keys were issued by the GDM.

A meeting for all sporting codes was held where all coaches, managers and referees were requested to attend. This meeting was then divided into separate sporting codes where fixtures, venues, rules, referees and other information were to be discussed. The football meeting was held and countries present were; South Africa, Namibia, Angola, Lesotho, Botswana, Swaziland, Zimbabwe and Zambia. Malawi was excused as they had not arrived. Fixtures were not drawn up as the committee said they were not aware how many teams would be present. South Africa assisted in the drawing up of fixtures as they had a better idea of drawing fixtures quickly.

There was only three ladies teams confirmed for the tournament; South Africa, Botswana and Namibia. Each team was to play 2 games and the top two teams would then proceed to play the final. Fixtures were drawn and venues confirmed. SA requested that there be a managers meeting every morning to discuss issues of the day to day proceedings and it was agreed to be held at 07h00 every morning at the University of Botswana (UB) stadium.

A meeting with all managers of Team SA was held at 08h30 to discuss proceedings for the tournament. A request was then made that all fixtures and results be sent to the GDM office so that they could be put up for all to see. Transport needs were requested to be handed to Hanlie who was to deal with allocating transport to various sport codes. Laundry facilities were identified and managers were asked to contact the office on any laundry needs. For matches that would clash with eating times a request was put forward that managers submit fixtures in time to solve missing of meal times.

On this day the ladies were not scheduled to play so they had a training session at Lekidi grounds from 09h00 until 10h00. No injuries occurred during training and water was provided by the Botswana National team as it was also training at the same venue.

The team then went to the Cresta Mall near the campus and exchanged their money to purchase more water. Upon return from the mall preparations were then made for the opening ceremony which took place at UB stadium at 14h30. After proceedings of the opening ceremony were completed the team SA as a whole then remained to support the men's football team at their opening match against Botswana at UB stadium at 16h00.

##### **8.3.2.6.3.2 Opening Ceremony – 05 July 2010**

On the morning of day 2 the manager meeting for football was not held without a reason given. It was then pointed out that the ladies match scheduled for the day had been



moved from 11h00 to 15h00 and the venue had changed. A changed fixture was then sent to the office and the Doctor and 2 physiotherapists were notified of the change.

The team won 7-0 against Botswana (the hosts), the match sheet is attached. The highlight of the match was Zanele Sukazi scoring the fastest goal in the second half; it was scored within 45 seconds. There were no injuries in this match.

#### **8.3.2.6.3.3 Programme of Play at the Games**

- 05 July 2010 – SA vs Botswana and won 7 – 0.
- 08 July 2010 – SA played Namibia and won 2 – 1.
- 09 July 2010 – SA vs Namibia (finals) and won 7 – 2.

#### **8.3.2.6.3.4 10 July 2010**

This was the departure day. All the players, officials and referees that were going to OR Tambo left at 07h00 in the morning in order to arrive at the airport early. The rest of the team attended the closing ceremony that started at 10h00. The team was then issued with 23 gold medals and declared champions of the football female section of the CUCSA games. After the ceremony the team left for SA in different designated buses. All players arrived home safely.

#### **8.3.2.6.4 Findings**

The main thing from the players was that most that were new to the team had stage fright when it came to performing in the field of play. These players showed potential at the training camps but when coming to the actual tournament they froze.

The other thing was that the players did not make use of the physiotherapists as often as they usually would at other tournaments. Reason for that might have been that it was not a tough tournament.

#### **8.3.2.6.5 Recommendations**

The first recommendation would be to request the South African Football Association (SAFA) to assist us with friendly matches with the resident women national squads and squads in neighbouring countries so that players get used to playing high profile matches.

Addition to above would be to have more regular camps to keep players fit to play together at all times. If possible a camp can even be organized after the upcoming Football National Club Championships in December at Rhodes.

I would also suggest that we travel with the same referees to the next and future tournaments as already their information is readily available and they now have an experience with the students' national team and they are FIFA accredited.

The team also recommends that the same team officials be kept for future tournaments because just like players a good combination of officials brings results. A suggestion for the future would be to add a goalkeeper trainer and a conditioning coach to assist in those departments.

#### **8.3.2.6.6 Conclusion**

The Football women's team has performed adequately in the 2010 CUCSA Games and they could not have done it without the support of the USSA Football NEC, USSA NEC, National Lottery and the sport administrators and coaches at the respective institutions.

The team officials also were encouraged to work hard as support structures were adequate. Team SA showed discipline, dedication and team work in this past tournament.

We hope that the support will continue in the future and many more athletes can have the experience of this team.



### **8.3.2.7 Football Men**

#### **8.3.2.7.1 Pre-Departure**

##### **8.3.2.7.1.1 Team Selection**

The first selection was done at the Club Champs in December 2009, at Mafikeng at North West University. Thirty players were selected. The host University (NWU) organized few coaches around Mafikeng to select any promising players; there were no specifications of kind of players. The second and final selection was done at Bloemfontein March during Easter holidays at UFS. Twenty players plus three reserves were selected for Botswana team.

##### **8.3.2.7.1.2 Pre-Tournament Training Camps**

We had a training camp at TUT Pretoria from 16 to 19 June 2010. All the costs and arrangements were made by USSA National office, which they did it very professionally. Although much of the time we did fitness test for our players, only the last day we did a light training. In future we need to organize more friendly games to test our players in a real game situation.

#### **8.3.2.7.2 At the CUCSA Games**

##### **8.3.2.7.2.1 Matches Played at the CUCSA Games**

The team performed well. On our opening match we played against the host (Botswana) and we drew 2 – 2. We played this game at the University stadium as an official opening of the tournament. We did not play well in the first half, but we came back strongly in the second half. Botswana used five national players at this game. The goal scorers were Itumeleng Mogotsi and Luvolvethu Mpetla.

The second game against Zambia, we were flat. We did not play our normal game, which is passing around. We wasted a lot of chances to win the game. We ended up playing a goalless draw.

The third game we played Zimbabwe, the pressure was too much to our players, because we needed a win in order to progress to the next stage of the tournament. We threw everything we had into our opponents. At the end it paid off as we won the game by one goal to nil. Thanks to Bathabile Letsoalo's beautiful goal.

The fourth game which would be the last one in the group stage, and decide which teams proceeds to the next stage of the tournament, the drama happened, the local organizing committee informed us with Angola two different information, Angola claimed a walkover because we did not pitch up. We lodged a protest and unfortunately we lost it, and we were out of the tournament (see attachment).

I think in future we must be fully prepared; playing friendly games and to have a fitness testing.

##### **8.3.2.7.2.2 Local Travel Arrangements**

The travelling arrangements were perfect, although some information came very late, but overall they were perfect. I think we must always transport players from their institutions and back, because taking them from their homes causes a lot of problems. The buses were fine and comfortable enough. Even at the tournament the transport was booked timeously, everything was planned well.

##### **8.3.2.7.2.3 Accommodation and Meals**

The residences were normal as home. The only problem we had was playing venue which was 50 km away from residences. Meals did not meet the athletes' requirements.



#### **8.3.2.7.2.4 Apparel (Contingent & Competition)**

We were a little bit disappointed about our football kits. They did not have USSA colours. This must be corrected in future. Our national teams use Adidas, if we can stick to it for our playing kits. Otherwise everything went well.

#### **8.3.2.7.2.5 Medical Issues**

The medical team was very good. Their services were very good; it shows that they are professional people. They were very humble and helpful. We never had any problems.

#### **8.3.2.7.2.6 Competition at the Games**

The climate was fine; we did not have any problem to adjust to their weather, which was mild and sometimes hot. The facilities were also good; both stadiums that we used had a good playing pitch. The Police College facility did not have toilets and changing facilities. The competition schedule was a mess, it costed us tournament. The Local organizing committee football was a chaos. We had three protests in that tournament. Two walkovers were caused by the mess of the competition schedule. We played the tournament without any rules.

There were no training venues. The facilities they offered were gravel fields. Their organization was very poor, some teams came to the field without team lists, and one match was delayed because they were still marking the field. The referees had a strike on Monday which caused a lot of delays and confusion.

I think in future a committee must be elected to run the tournament and CUCSA must send one delegate to this committee throughout the tournament.



### **8.3.2.8 Netball**

#### **8.3.2.8.1.1 Introduction**

Firstly I would like to thank the University of the Western Cape for nominating me for this honourable position. I also wish to thank Helene Botha, the Chairperson of USSA Netball and her executive for the trust they have in me.

#### **8.3.2.8.1.2 Pre-Departure**

##### **8.3.2.8.1.2.1 Team Selection**

The team trained at Potchefstroom because the venue was central for all players to attend. A team of 12 players was selected. Unfortunately, closer to the CUCSA Games, we had some withdrawals and had to bring in new players.

##### **8.3.2.8.1.2.2 Training Camp**

The training camp was held at UJ from 01 – 02 July 2010. Unfortunately the coach, Elsje Jordaan became ill and was unable to travel with the team. The USSA Netball Executive decided to bring in a new coach in Dorette Badenhorst who was keen to assume the position immediately. The coach, players and manager worked wonderfully together, and maintained a good understanding of the work to be done.

##### **8.3.2.8.1.2.3 Clothing**

My task as manager was to ensure that all players, coaches and the umpire had all their clothing and uniforms sorted out. We hereby thank the sponsors who provided us with beautiful clothing.

##### **8.3.2.8.1.2.4 Accommodation and Meals**

Meals and accommodation were fairly satisfactory at the Team Selection, Training and Assembly Camps.

##### **8.3.2.8.1.2.5 Travel Arrangements**

Our thanks to Hanlie Murray and Sibongile Maswanganye for all the flights arrangement made that ensured that players travelled fairly comfortably.

##### **8.3.2.8.1.2.6 Departure for Botswana**

We departed for Botswana on 04 July 2010 at 10h30am by bus. The journey was long but the players enjoyed the trip. We crossed the border at 15h00 and arrived at the University of Botswana soon thereafter.

#### **8.3.2.8.1.3 At the Games**

##### **8.3.2.8.1.3.1 Accommodation and Meals**

Initially there was a delay in allocating women in the SA delegation to their rooms but this was eventually resolved. The rooms were fairly decent and clean.

We were offered three basic meals per day which hardly had variety.

##### **8.3.2.8.1.3.2 Competition Programme**

A meeting with the coaches, managers and umpires was held on 04 July 2010 at 19h00 to discuss the fixture. I would like to thank the SA Coach, Dorette Badenhorst for assisting in drafting the fixture. The SA Umpire Annie Kloppers was selected as convenor of the Umpires with Edith Williams selected as the convenor for the DC.

The countries participating in the tournament were South Africa, Namibia, Botswana, Malawi, Zambia, Lesotho and Zimbabwe.



The matches began on Monday, 05 July 2010 and concluded on 09 July 2010. South Africa won all the matches played and finished as the Gold medal winners, beating Namibia 46 – 23 in the finals.

#### **8.3.2.8.1.3.3 Closing Ceremony**

The closing ceremony was held on Saturday, 10 July 2010. Unfortunately some of our players had already left for SA to catch flights and buses to their homes and could not receive their medals personally.

#### **8.3.2.8.1.4 Accommodation and Meals**

My job as manager was fulfilled as soon as I reached my destination in SA on Saturday, 10 July 2010.



### **8.3.2.9 Table Tennis**

#### **8.3.2.9.1.1 Introduction**

The report serves to inform Chef de Mission about the Table Tennis feedback from the CUCSA games held in Botswana Gaborone on the 05-10 July 2010. The findings and recommendations are tabled below.

The report will be divided into three parts; one is team selection for the tournament, training camp and tournament competition in Gaborone. The report is a mandatory exercise demanded by Chef de Mission

#### **8.3.2.9.1.2 Pre-Departure**

##### **8.3.2.9.1.2.1 Team Selection**

Team South Africa Table Tennis was selected based on the results from the USSA Tournament held at University of Cape Town (UCT) 05 – 09 December 2009. The fourth member of the Men's team Preshen Naidoo was disqualified from participation because he was no longer a registered student at his institution for the year 2010.

Men's Team comprised of:

- Luke Abrahams (University of Pretoria)
- Darren Rodgers (Cape Peninsula University of Technology)
- Theo Langerveldt (Cape Peninsula University of Technology)

Women's Team comprised of:

- Gilla Barit (University of Pretoria)
- Mbali Mbonambi (University of Zululand)
- Lucia Gaeerwe (University of North West Mafikeng)
- Koketso Tsele (University of North West Mafikeng)

Team Management and Coaching were:

- Simon Sebueng (USSA Table Tennis) as Team Manager and
- Aaron Makhalima (USSA Table Tennis) as Teach Coach.

Both officials' appointment was approved by the USSA NEC on 21 April 2010.

##### **8.3.2.9.1.3 Team Preparation and Training**

The team had a pre-camp on 01 – 03 July 2010 and Tshwane University of Technology (TUT) to test the sharpness and checkout any possible injuries to the team.

##### **8.3.2.9.1.4 Kit and Clothing/Uniforms**

Sedgars Sports clothing company disappointed us on the last minute to offer us the equipment that we requested 14 May 2010. We informed CJ from Sedgars Sports about the importance of this kits and she assured us that this will be delivered in time but she did not. The worst part was when she switched off her phone at the crucial point of delivery and even her boss did not help at all. Sedgars were unprofessional and we are no more doing business with them and would discourage anybody from doing so in the near future.

##### **8.3.2.9.1.5 Travel Arrangements**

Table Tennis had two players from Cape Town ( Darren Rogers and Theo Lingerveldt) who were flown in on the 2<sup>nd</sup> July 2010. Another player flown in from Durban Mbali Mbonambi also arrived on the 2<sup>nd</sup> July. Further two players (Gilla Barit and Luke Abrahams) who are from Pretoria made their own way to TUT on the 1<sup>st</sup> July 2010. Team Manager and Team Coach (Simon Sebueng and Aaron Makhalima) had to organize own transport from Vanderbijlpark to Pretoria. The last two players from NWU (Mafikeng) Koketso Tsele and Lucia Gaeerwe came on the 2<sup>nd</sup> July 2010 to camp.



### 8.3.2.9.2 Pre-Tournament Training Camps

#### 8.3.2.9.2.1 Training and Competition Venues and Programmes

Training at the games in Botswana was arranged for the Sport Union Hall but due to slippery floors plus double bookings with the Darts Teams, it was no possible to have training in Botswana. The competition venue was outside campus at Ledumang Senior School. The hall had reasonable floor and height space to accommodate five tables. The program for the tournament was to host competitions for Team event, Doubles, Mixed Doubles and Singles Events for both men and women.

#### 8.3.2.9.2.2 Opening and Closing Ceremonies

The opening ceremony was an eye opener for Table Tennis Team that is ambitious to go to the next world student games. The closing ceremony was equally a glittering affair which was nearly spoilt by long speeches. Team South Africa Table Tennis collected 11 of the 12 medals that we competed for.

#### 8.3.2.9.2.3 Medical Issues

Luckily Table Tennis team did not require much of the medical attention except two players went for strapping from the medical team.

#### 8.3.2.9.2.4 General

- Accommodation and meals were not acceptable at all times.
- The GDM support was reasonably okay
- Results were outstanding with names, standards achieved high,

Team Event Men	Medal	Position	Team Event Women	Medal	Position
Luke Abrahams, Theo Lingerveldt, Darren Rogers	Gold	1	Gilla Barit, Mbali Mbonambi, Lucia Gaearewe, Koketso Tsele	Silver	2
Doubles			Doubles		
Luke, Theo	Gold	1	Gilla, Koketso	Silver	2
			Mbali, Lucia	Bronze	3
Mixed Doubles			And		
Luke, Gilla	Gold	1	Theo, Lucia	Bronze	3
Men Singles			Women		
Luke	Gold	1	Gilla Barit	Silver	2
Darren	Silver	2	Mbali Mbonambi		4
Theo	Bronze	3			

#### 8.3.2.9.2.5 Recommendations

The Men's Table Tennis team singles event was not given enough test at the CUCSA games. I therefore recommend that we be given support to compete at the RSA open championship this September in Cape Town. I believe the RSA open will test this team in order to prepare for the world student games. In addition these players still have at least two more years of studies still left before the first one graduate. We have already two more women players who already competed in World Student games but were not part of the CUCSA games because the committee used the December tournament.

#### 8.3.2.9.2.6 Conclusion and Acknowledgements

I would like to thank the Chef de Mission Dr. Rendani Mulaudzi for the opportunity he gave the Table Tennis team and the patience and understanding that he showed during the planning and preparation for the CUCSA games. The USSA NEC and the amount of work that done to prepare for the games are appreciated. Table Tennis players, who made a lot of sacrifices to be in the team, their respective institutions for understanding and cooperation. CUCSA (GDM) Staff, I remember the professionalism that they showed



especially under pressure and with so many people to please they had to skip lunch times or show up at work even when they were feeling sick. Thank you very much for your support. The host country Botswana, the hospitality and the humbleness of the Batswana people stood up above all the challenges and at the end I believe the tournament success lied with the respect their people have, many thanks to them. At the end the sponsors of the tournament Umbro and Lotto, many thanks to you and hoping the relationship will grow from strength to strength.



### 8.3.2.10 Tennis

#### 8.3.2.10.1.1 Introduction

The purpose of this report and the accompanying documentation is to give an overview of USSA Tennis performance programme. The report informs the reader about the development of players, coaches and officials working towards the 2011 World student games. It gives information on the preparations, selection and training of squads for CUCSA and beyond. The purpose of the report is to record the USSA teams' performance at the CUCSA, and detail all possible information on preparation, selection and training and make it available for the assessment of the viability of a team to participate under the colours of **USSA Team South Africa**.

USSA Tennis performs well in the African tournaments (CUCSA and FASU) where they are the champions in all divisions. At FISU level USSA Tennis improved has improved such that our players can compete and advance to next higher rounds. A programme was initiated by USSA Tennis to primarily further the skills of the USSA Tennis players so that they can perform on all levels within the standard set by USSA. This gives USSA Tennis the opportunity to select the very best team for FISU.

Future funding for training camps, clinics and courses is a must, so that all players selected into the USSA Tennis squad have the opportunity to train and work as a team with the ultimate goal: performing at FISU level. Therefore, although CUCSA and FASU have its limitations i.e. organizational aspects, participation of all countries and facilities, it is still functional for USSA Tennis to participate in.

#### 8.3.2.10.1.2 Background Information

USSA Tennis started in 2006 with a selection process where in a squad of players were selected during the National Institutional USSA Tennis tournament. These players represented the demographics of South Africa. Players are selected on their achievements at the tournament as singles or doubles or mixed doubles players. The reasoning behind this method is to have players concentrating on the one division they are selected in. Players, coaches and managers are selected for a three year period in a squad, with additions every year (some squad members might finish their studies during this time).

In doing so, there is more continuity in the team and we have improved our players results over the last 4 years in all student tournaments they have taken part in as Team South Africa. Our students do not have the international exposure and experience that our counterparts in Europe have, by entering players that specialize in specific divisions, our chance to win medals increase. CUCSA and FASU are used to give this exposure to players' no. 3 to 5 on the USSA Tennis ranking. This includes development players. In doing so it makes it possible for USSA Tennis to select the best team possible to represent Team South Africa at FISU level.

#### 8.3.2.10.1.3 Project Approach

A USSA Tennis squad was selected at the 2009 USSA Institutional Tournament in Grahams Town. Selectors were instructed to:

- Select the best 5 players in the single, male and female.
- Select the 2 best doubles combinations, male and female
- Select the best mixed double pair

They also acknowledged up and coming players and players of merit (these are players that finished their studies in that year).

In setting up the selection of the squad in this manner, the coaching team could start training with players at the respective tertiary institutions with out the need for all to travel to a specific venue. The singles players were in contact with the USSA Tennis coach and



were informed of their progress. All double players could train at their respective institutions as a pair with feedback to the coach.

#### **8.3.2.10.1.4 Roles and Responsibilities**

The USSA Tennis management was in constant contact with all players and coaches of the various tertiary institutions involved in the team.

The secretary of USSA Tennis sends our regular information emails to all involved. The coach had numerous update from players and their own coaches on their progress.

Sport managers at the institutions involved helped as well as the manager of the team, to monitor the progress of players from December 2009 to July 2010 in preparation for CUCSA 2010.

The selection of the final team was made easier with this process and it was much more cost effective.

#### **8.3.2.10.1.5 Pre-Departure**

##### **8.3.2.10.1.5.1 Team Selection**

Players ranked 3 to 5 in the singles (male and female) and the top 2 doubles pairing in each gender group was also invited to a selection camp in Potchefstroom. This camp was held on the 26<sup>th</sup> and 27<sup>th</sup> of March. From this group the 2 male and female singles players the male en female doubles pairing and the mixed doubles pairing was selected to participate in CUCSA 2010. The selection was done by 2 selectors, Riaan Venter and Riaan Kruger under management of the chairperson of USSA Tennis and manager of the CUCSA team.

##### **8.3.2.10.1.5.2 Appointment of Officials**

The manager and the coach were selected at the council meeting, by the members of USSA Tennis during December 2009. Both these administrators were selected for a period of 3 years to include CUCSA, FASU and FISU tournaments.

##### **8.3.2.10.1.5.3 Team Training**

The team came together on the afternoon of the 1<sup>st</sup> of July in Johannesburg. The University of Johannesburg was the hosting institution.

After lunch, all players had the opportunity on Friday afternoon to get use to the high altitude (similar to Gaborone) and training with their coach, Riaan Kruger. The team had 2 more sessions on Saturday where after they went to Pretoria for the official training camp at TUT for team South Africa.

##### **8.3.2.10.1.5.4 Clothing & Playing Kit**

USSA Tennis supplied each player with two playing shirts and one skirt or short. Slight adjustment had to be made in Johannesburg, but all playing kit was according to USSA specifications. Each player also received the full compliment of official clothing, except the Bafana Bafana jersey. The official clothing was some of the best received. Thank you!

##### **8.3.2.10.1.5.5 Travel Arrangements**

The team travelled as follows:

- 1 player from KwaZulu Natal
- 1 player from Cape Town
- 5 players from Bloemfontein
- 2 local from JHB/PTA
- The coach and manager used their own transport



Road transport from O R Tambo airport and to TUT was by Bus. The team travelled with Team South Africa by bus to Gaborone. The coach and team manager travelled with own transport to Botswana to have transport available when needed during the games.

#### **8.3.2.10.1.6 At the CUCSA Games**

##### **8.3.2.10.1.6.1 Training & Competition Venues**

No programmes were available before the games started. A meeting was called on the Sunday night before the games and eventually the draw was done by the coach of Team South Africa. The schedule for training on courts was also done on request by Team South Africa.

The tennis could only start on Tuesday as not all the officials were in attendance and because of the opening ceremony.

When Thursday came nobody of the LOC or the Tennis Federation of Botswana was in attendance. Malawi complained that the country was not present when the draw was made (they were not present on Sunday night when the draw was done in the presence of all that was there) The Coach of Team South Africa, did the whole draw again. Matches always started late because of the having to re-do the fixtures and the lateness of officials.

##### **8.3.2.10.1.6.2 Opening and Closing Ceremonies**

The opening ceremony started late and was a bit chaotic. It was however entertaining. The lateness of the start affected our training times and adjustments had to be made.

As with the opening the closing ceremony was late to start and a lot of the countries have left the previous night. This made the whole ceremony somewhat of a dull affair. It would have made sense to have the ceremony the Friday night as all sporting codes were finished and the students could have had a party with all countries present.

##### **8.3.2.10.1.6.3 Medical**

We had great service from the medical team. Thank you very much.

##### **8.3.2.10.1.6.4 Accommodation & Meals**

On arrival the ladies did not yet have accommodation. The management of Team South Africa did their very best in securing our rooms. The rooms themselves were adequate and with the locks supplied one felt safe.

We had one incident when we realized that the cleaners had access to our rooms although it was locked with the padlock. This was conveyed to the Chef of Team South Africa. Nothing was taken. Bathrooms were clean. We only had a problem with shower curtains but made our own makeshift ones. We did not always have warm water but that was understandable.

It was somewhat difficult to have other countries' players amongst our allocated rooms. It would help if this could be set out properly beforehand by the organizers. It helps if a team can stay as close as possible together during a tournament of this kind.

The food is a difficult subject. We will always have problems with the diets from different countries. It is however a fact that no sport man or woman can perform without proper food that includes vegetables, salads, etc. Starch is not enough to perform on. Team South Africa should look into a plan whereby athletes not used to diets of other countries could be supplemented.

USSA Tennis went out and bought bananas, energy drinks, muffins and pizzas to add to the diet of the players. This has nothing to do with being spoiled or finicky with food. Our players are used to certain foods and should have access to it within our budgets.



#### 8.3.2.10.1.6.5 Facilities & Logistics

The facility was adequate but very dusty. This caused a lot of string breakage of all players' racquets. No qualified stringer was available and the team had to use their own devices in restringing their racquets.

The building site behind the courts had brand new corrugated sheets around the site and that caused the sun to reflect and the players could not see the ball on court. This was conveyed to the SA management and the LOC did a wonderful job in alleviating the problem.

The team could walk to the courts and had no problem there. We however had a problem with sufficient and proper balls for the tournament. Team South Africa eventually gave the balls for the final as all our players were involved in these matches.

The promise of officials during the games did not materialized but we had no serious incidents.

#### 8.3.2.10.1.6.6 Results

USSA Tennis is proud to announce the following results for Tennis at CUCSA:

- **Men's singles final:** Duke Monroe SA vs. Reon Henning SA with Duke Monroe the winner.
- **Ladies singles final:** Renscha Henning SA vs. Marthine Herbert SA with Marthine Herbert the winner
- **Men's doubles final:** Willem Steenkamp/PW Hotshauzen SA vs. Botswana with Willem Steenkamp and PW Hotshauzen winners
- **Ladies doubles final:** Christine Keyser/Nthabiseng Phala SA vs. Malawi with Christine Keyser and Nthabiseng Phala winners
- **Mix doubles final:** Aaron Koopman/Nthabiseng Phala SA vs. Lesotho with Aaron Koopman and Nthabiseng Phala runners-up.

**USSA Tennis' medal count is:**

- Gold: 4 and
- Silver: 3

#### 8.3.2.10.1.7 Recommendations

USSA Tennis recommends the following:

- Each sport code has a budget for managers to supplement players' diets in other countries.
- In the budget for all games sufficient money is set aside for more than on training camp for sport codes.
- Sufficient transport to be more readily available to all sporting codes.
- A daily meeting of managers with the management of team South Africa to address situations. This will help with communication.
- A more detailed planning of what will be needed in other countries by team SA e.g. power sources, drinkable water etc.
- The attendance from all managers on the last day to get their own teams ready for departure.

#### 8.3.2.10.1.8 Conclusion & Acknowledgements

- USSA Tennis would like to thank the USSA executive, the CUCSA management team and LOTTO for all their support. This was one of the best CUCSA tournaments from a Team South Africa perspective.
- To all the players and especially to the coach, Riaan Kruger. Thank you for your hard work. The results are a testament of your input.



- To the USSA Tennis executive for all your effort. Thank you very much.

A handwritten signature in black ink, appearing to read "P. B. B. B." with a large, stylized initial "P".

Manager  
USSA TENNIS  
CUCSA  
2010



### **8.3.2.11 Volleyball Men & Women**

#### **8.3.2.11.1 Introduction**

In April 2010 the annual Volleyball USSA tournament were hosted by the University of the Western Cape. Two teams, 1 Male and 1 Female team were selected to represent their country at the 2010 CUCSA games to be hosted by Botswana in Gaborone. 2010 marked the 15<sup>th</sup> anniversary of the games.

CUCSA was founded on August 18, 1990 in Lusaka, Zambia, the Confederation of University and Colleges Sports Associations (CUCSA) comprises of the National University and College Sports Associations of the Africa Zone VI countries. The following countries are members of CUCSA Zone VI: South Africa, Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia and Swaziland.

This report will focus on all the major aspects that led up to the tournament such as team preparation, training camps, appointment of officials and travel arrangements. Furthermore it will focus on ways and means to sustain the current team as well as recommendations for further participation.

The CUCSA 2010 tournament was hosted by Botswana in the city of Gaborone. S.A Volleyball was represented by 12 Ladies and 12 Male players and 6 Technical Officials. The teams were well represented by most of the member institutions.

This report is written to reflect the build up to the tournament, the tournament itself as well as the outcome of the tournament as well as to make recommendations for the future of Volleyball in USSA.

#### **8.3.2.11.2 Pre-Departure**

##### **8.3.2.11.2.1 Team Selection**

Team selection took place at the annual USSA tournament. The USSA Volleyball tournament was hosted by UWC at the Western Cape Sports School from the 06 – 10 April 2010. The USSA Volleyball tournament has always been an institutional tournament, where teams from all the institutions gather to participate as well as for selection purposes, this year was different. Each province had trials where they selected provincial teams as representatives of their provinces.

A team of 15 players were selected 12 travelling and 3 non-travelling reserves. Although the selection was done at the tournament by a panel of coaches and exec members, the team could not be announced at the awards evening. The team had to be approved by the National Federation VSA first which was a very long process. It frustrated the players and everyone else involved, the appointment of the managers also took very long.

##### **8.3.2.11.2.2 Appointment of Officials**

The managers had to apply to the NEC to be appointed, the coaches are pre-selected and are instrumental in the team selection. The referees were appointed very late as they are supposed to be provided by the Federation and unfortunately at the time of the tournament there were no VSA referees available.

The managers were only appointed on 29/04/2010.

##### **8.3.2.11.2.3 Team Preparation and Training**

The team had a training camp from the 16 – 19 June 2010 at TUT Pretoria. All Female players were in attendance, 2 Male players could not attend the training camp due to in-service training commitments (work), and they are Percy Baloyi and Quelling Govender.



The teams had fitness, tactical as well as strategic sessions. UJ provided balls for the training camp as the NUSA do not have any balls. Although we are grateful for the camp, the coaches felt that the training camp should be coupled with the departure as this will prepare them better for the tournament.

#### **8.3.2.11.2.4 Clothing and Playing Kit**

Our kit was supplied by FAIN, after a long struggle to find out how the securing of kit works and being promised that it would be done by the secretary we managed to get some quotes and get the service provider to deliver on time. The kit was of a good quality and the team looked good, we had to go with green and gold and white and green as our options as the service provider could not secure enough gold material in time. The team still looked good and made us proud even without the "gold" kit, they managed to get the gold that matters most..... Gold Medals.

All players received their clothing, bags and footgear, there was a problem with sizing, but the GDM tried their best to help and sort out the problems to the best of their ability, thanks. I would like to suggest that we procure some type of training gear for the players, for uniformity at the training camp, it does not have to be a lot of things, and a t-shirt would do.

We struggled with balls at the departure camp; UJ supplied the balls at the training camp. At the tournament we had to share 6 balls between the two teams, this makes it difficult to warm up and we must also take into consideration any losses that we may suffer.

#### **8.3.2.11.2.5 Travel Arrangements**

All the travel arrangements were made by the logistics officer. The flight details and travel arrangements were sent at a very late stage which frustrated both players and management.

I would like to suggest that arrangements (flight bookings) be made at the earliest possible time, this will save money and give everybody concerned time to plan their lives accordingly. Also clear guidelines should be given as to pick-up points at the airport.

#### **8.3.2.11.3 Recommendations**

##### **8.3.2.11.3.1 Training & Competition Venues & Programme**

There were no training venues available. There were two outdoor courts with nets at the tennis courts BUT the LOC never deemed it necessary or important to inform the other participating countries about this, we found the court when we went to support our fellow players. Team SA used the court for a tactical session and to get used to the flight of the ball. The two teams participated at different venues; the ladies used the Botswana College of Agriculture's hall, situated 16km from the accommodation, while the Males used the Police College hall 60 km away.

The Police College Hall was a suitable venue for volleyball, it only had one court, but the roof was high enough and the area around the court itself was big enough to avoid unnecessary injuries, it was clean and safe. BCA was dirty, with not enough ventilation; it was unsafe for our players as they used big building blocks to secure the poles for the net with limited space on the sides.

##### **8.3.2.11.3.2 Opening & Closing Ceremonies**

As with all the arrangements at the games punctuality was not one of the main priorities. Because games before and after the opening ceremony did not start on time some of the athletes arrived late and left the ceremony before it ended to honour their fixtures.

It was imperative for the closing ceremony to start on time to allow travelling countries ample time to depart and arrive home as planned. It is frustrating to sit around with nothing to do.



#### **8.3.2.11.3.3 Medical Issues**

None of the players had prior injuries which prevented them from playing; Quellin Govender injured his Achilles at the games. Although there were no serious injuries, the players were treated by the physiotherapists. All of them just had to be strapped and some received rub downs. The doctors and physiotherapist really did a great job. They were very professional, patient and the passion for their job could be seen by the way they handled the players, coaches and managers.

#### **8.3.2.11.3.4 Accommodation & Food**

The accommodation is nothing to complain about as it was a University Residence that was utilized, we didn't have power in our rooms for 2 nights but that was sorted. The food was well prepared and I don't think anyone would have complained if the menu was not the same morning, noon and night. But if you spoke to other countries and their own country men, they were happy with it and my motto in life is to make sure that I see the good in everything and try not to complain.

#### **8.3.2.11.3.5 Support Personnel (GDM)**

We would like to thank the GDM for the endless hours they gave to us, always ready to help, emotion did flare once or twice but those who "flared" are still young and will learn how to deal with people and how to treat them.

#### **8.3.2.11.3.6 Facilities & Logistics**

We must realise that the tournament did not happen in SA with all the facilities that is needed to host such an event, I commented on the playing facilities above. Logistically it was a nightmare to get to games that you really wanted to watch, and the male team had to stay at the Police College the whole day as they could not come and go as they pleased, this was very tiring for both players and officials. Luckily the girls had Anton who willingly and without getting tired or irritated took us, picked us up and still collected our food for us, he was an absolute star and really helped a lot.

#### **8.3.2.11.3.7 Results**

Both the Men and Women teams won Gold.

#### **8.3.2.11.4 Recommendations**

- Team clothing and kit to be "centralised" with one supplier to supply all kit.
- Procurement of equipment must be done early, ensure that there is enough for the use of both teams.
- **HOW TO IMPROVE PERFORMANCE AND ENSURE SUSTAINABILITY:**
  - A provincial inter institutional league – players who do not belong to a club or whose province does not have a league running only have the USSA tournament to showcase their talents.
  - Early talent identification, at least a year before competition.
  - Regular training camps, at least 4 prior to competition.
  - Athlete support before, during and after competition (i.e. fitness assessment, nutrition guidance, physiotherapists/rehab for injuries, sport psychology etc)
  - Continued international exposure with access to international coaching, international friendly matches, and workshops for coaches etc.
  - Increase the squad to benchmark athletes to ensure healthy competition, so that players can extend themselves to play better.
  - Tertiary Institutions should ensure that their athletes are constantly exposed to local competitions (i.e. league, tournaments, friendly matches, interprovincial tournaments, beach volleyball, etc)
  - Improved relations between National Team coaches and Local tertiary or club coaches of players identified for the USSA National Team.
  - Local/club coaches should support the initiatives of the National Team coaches to ensure overall development of the athlete (i.e. game positioning, skills development, tactical objectives, etc)
  - Tertiary Institutions should support athletes with life skill programs, bursaries, etc



## 9 References

- 9.1. Botha, H. Tennis Team Management Report
- 9.2. Conrad, N. Chess Team Management Report
- 9.3. Croukamp, C Financial Report
- 9.4. Jenneker, I.H. & Van Rooyen, A.N. Volleyball Men & Women Team Management Report
- 9.5. Kabane, S. Football Women Team Management Report
- 9.6. Lekalakala, K.S. Sport Management Report
- 9.7. Makhubela, M.P. Basketball Men Team Management Report
- 9.8. Maswanganye, S.V. Logistics Management Report
- 9.9. Maphoto, P.M. Medical Report
- 9.10. Mbatha, M. Football Men Team Management Report
- 9.11. Ncwane, L Administration Management Report
- 9.12. Rametsi, S. Darts Team Management Report
- 9.13. Sebueng, S. Table Tennis Team Management Report
- 9.14. Seekoei, Beronece Basketball Women Team Management Report
- 9.15. Williams, E. Netball Team Management Report