



**PRESS RELEASE – SATURDAY 30 APRIL 2011
2011 USSA NATIONAL STUDENTS CHAMPIONSHIPS RESULTS**

The final event of the 2011 South African Track and Field Calendar, the 2011 USSA National Students Championships took place on 29-30 April 2011 on the Coetzenburg Stadium in Stellenbosch.

All tertiary institutions from across South Africa were represented on the 2011 USSA National Students Championships and spectators were entertained with excellent performances.

The primary purpose of the Championships was to select an USSA National Athletics team that will represent South Africa at the 2011 Univeriade in Shenzhen, China from 12-23 August 2011.

This was also the last opportunity in South Africa for athletes to qualify for the 2011 IAAF World Championships, which is commonly known as the curtain raiser for the 2012 Olympic Games.

The results of the 2011 USSA National Students Championships are attached.

USSA NAT CHAMPS 2011, COETZENBURG, STELLENBOSCH, 2011/04/29

RESULTS OF FINALS ONLY:

Final Women 25 100m (-1.0) 1,CINDY,STEWARD(11.98) ; 2,CHERESE,JONES(12.03) ;
3,ARLENE,GOWER(12.33) ; 4,BERNICE,ROMAN(12.37) ;
5,NONTOBEKO,GUMEDE(12.60) ; 6,CLAUDINE,JANSE VAN RENSBURG(12.62) ;
7,TASQUANE,HUFKIE(12.64) ; 8,WELME,VAN ZYL(13.02) ;

Final Women 25 200m (+0.2) 1,SONJA,VAN DER MERWE(24.01) ;
2,STACEY,GARDINER(24.32) ; 3,CINDY,STEWARD(24.50) ; 4,CLAUDIA,VILJOEN(24.71) ;
5,CHERESE,JONES(24.75) ; 6,RORISANG,RAMONNYE(24.79) ; 7,CINDY,PETERS(24.82)
; 8,ALET,VAN WYK(24.90) ;

Final Women 25 200m Heptathlon() 1,BIANCA,ERASMUS7(26.13) ;
2,NEENE,BLIGNAUT7(26.73) ; 3,MARIONET,VAN DER MERWE(26.95) ;
4,KIM,MOONSAMY7(28.15) ; 5,ANNE,NIEUWOUDT7(28.66) ;
6,SONNIKA,KNOETZE7(28.92)

Final Women 25 400m 1,CASTER,SEMENYA(53.16) ; 2,WENDA,THERON(53.93) ;
3,SONJA,VAN DER MERWE(54.60) ; 4,RORISANG,RAMONNYE(54.95) ; 5,ALET,VAN
WYK(55.19) ; 6,TSHOLOFELO,THIPE(56.52) ; 7,DONE,VERMAAK(57.04) ;
8,ANUSCHA,NICE(59.31) ;

Final Women 25 800m 1,CASTER,SEMENYA(2:02.52) ; 2,MANDIE,BRANDT(2:04.65) ;
3,JUANEE,CILLIERS(2:06.38) ; 4,ANUSCHA,NICE(2:08.98) ;
5,ANNICA,COETZEE(2:10.27) ; 6,DONE,VERMAAK(2:11.92) ;
7,DANEL,PRINSLOO(2:15.26) ; 8,ANRUNE,LIEBENBERG(2:17.73) ;
9,YVONNE,EYSSEN(2:17.92) ; 10,LINDA,HANEKOM(2:18.97) ;
11,MAMPIELO,SIBANDA(2:19.05) ; 12,STELLA,MARAIS(2:26.39) ;

Final Women 25 800m Heptathlon 1,NEENE,BLIGNAUT7(2:29.16) ;
2,BIANCA,ERASMUS7(2:29.31) ; 3,MARIONET,VAN DER MERWE(2:32.18) ;
4,SONNIKA,KNOETZE7(2:35.83) ; 5,ANNE,NIEUWOUDT7(2:51.95) ;
6,KIM,MOONSAMY7(3:09.07) ;

Final Results Women 25 1500m 1,CASTER,SEMENYA(4:22.64) ;
2,MANDIE,BRANDT(4:22.79) ; 3,MAXINE,HEINE-WACKER(4:22.99) ;
4,JUANEE,CILLIERS(4:25.14) ; 5,NOLENE,CONRAD(4:29.20) ;
6,DANEL,PRINSLOO(4:30.59) ; 7,ZINTLE,SINQE(4:31.62) ; 8,CARLYN,FISCHER(4:35.58) ;
9,ANNEKE,GILDENHUYNS(4:38.74) ; 10,ASHLEIGH,SCHNETLER(4:42.09) ;
11,ANNIKA,CLAASENS(4:42.13) ; 12,THITSHAMBA,RAVHANDALALA(4:44.17) ;
13,LINDA,HANEKOM(4:46.36) ; 14,MARLISE,JORDAAN(4:59.04) ;
15,MAMPIELO,SIBANDA(5:00.14) ; 16,LOUISE,MULLER(5:00.87) ;
17,CHARITY,MOLOTSANE(5:03.82) ; 18,DENGA,MASHAVHA(5:05.31) ;
19,CAROLINE,MARANDELA(5:09.25) ; 20,ANGELIQUE,LEITAO(5:10.38) ;
21,RITA,OBISI(5:21.67) ; 22,ADRI,MEYER(5:36.94) ; 23,MAMIKI,MOTSIRI(5:49.75) ;
24,ROLINE,MACHABAPHALA(6:11.23) ; 25,NCUMISA,ZOTHE(6:46.14) ;

Final Women 25 5000m 1,NOLENE,CONRAD(16:39.12) ; 2,ZINTLE,SINQE(16:55.25) ;
3,PORTIA,NGWENYA(16:56.71) ; 4,MYRETTE,FILMALTER(17:03.46) ; 5,MAXINE,HEINE-
WACKER(17:10.87) ; 6,CARLYN,FISCHER(17:34.45) ;
7,ASHLEIGH,SCHNETLER(17:42.44) ; 8,THEMBI,BALOYI(18:03.87) ;
9,ANNIKA,CLAASENS(18:26.62) ; 10,LETITIA,SAAYMAN(18:31.50) ;
11,PUTELETSO,DLADLA(19:01.67) ; 12,ANNEKE,GILDENHUYS(19:06.66) ;
13,LETTIE,DHLAMINI(20:01.30) ; 14,NATASHA,DE VILLIERS(20:13.97) ;
15,ANGELIQUE,LEITAO(20:25.23) ; 16,T,MBATHA(21:24.47) ;
17,NONHLANHLA,NGCOBO(22:47.49) ;

Final Women 25 Half Marathon 1,PORTIA,NGWENYA(1:20:33.00) ;
2,LIZIWE,MABONA(1:22:51.00) ; 3,MIA,PIENAAR(1:23:37.00) ;
4,THITSHAMBA,RAVHANDALALA(1:23:49.00) ; 5,LETITIA,SAAYMAN(1:25:31.00) ;
6,THEMBI,BALOYI(1:26:15.00) ; 7,MARYNA,SWANEPOEL(1:27:04.00) ;
8,CHARITY,MOLOTSANE(1:34:23.00) ; 9,LETTIE,DHLAMINI(1:34:24.00) ;
10,THANDI,MALINDI(1:34:26.00) ; 11,KEORAPETSE,TLHOAELE(1:36:19.00) ;
11,MAMIKI,MOTSIRI(1:36:19.00) ; 13,NELMARE,LOUBSER(1:36:29.00) ;
14,SERENA,SIMEOLI(1:38:48.00) ; 15,NICOLA,ELLIOT(1:40:59.00) ;
15,DOMINIQUE,LEIBBRANDT(1:40:59.00) ; 17,JULIA,QHOAI(1:41:40.00) ;
18,REFIWE,KUBHEKA(1:44:17.00) ; 19,NONHLANHLA,NGCOBO(1:47:29.00) ;
20,MEGAN,CUNNAMA(1:48:25.00) ; 21,LAUREN,VENTER(1:49:33.00) ;
22,NONHLANHLA,NGUBENI(1:55:54.00) ; 23,ESTHER,GUNTER(1:58:13.00) ;

Final Women 25 3000m Steeplechase 1,NOLENE,CONRAD(10:21.17) ;
2,MYRETTE,FILMALTER(10:25.37) ; 3,THEMBI,BALOYI(10:35.85) ;
4,ASHLEIGH,SCHNETLER(10:49.97) ; 5,THANDI,MALINDI(12:13.92) ;
6,LAUREN,VENTER(12:54.02) ; 7,NOZINJA,MABASO(13:52.35) ;

Final Women 25 100m Hurdles (+0.3) 1,CLAUDIA,VILJOEN(13.76) ;
2,ERIKA,KLEINHANS(13.95) ; 3,JANET,LAWLESS(14.09) ;
4,ANSULET,POTGIETER(14.28) ; 5,MARGIT,DU PLESSIS(14.83) ; 6,CARLI,GEY VAN
PITTEUS(14.90) ; 7,MARISKA,MEINTJIES(15.01) ; 8,JANA,THERON(15.08) ;

Final Women 25 100m Hurdles Heptathlon(+0.4) 1,BIANCA,ERASMUS7(15.02) ;
2,ANNE,NIEUWOUDT7(16.10) ; 3,MARIONET,VAN DER MERWE(16.37) ;
4,SONNIKA,KNOETZE7(17.39) ; 5,KIM,MOONSAMY7(17.51) ;
6,NEENE,BLIGNAUT7(18.35) ; 7,CORLIA,KRUGER7(22.89) ;

Final Women 25 400m Hurdles 1,WENDA,THERON(57.92) ; 2,JANA,THERON(60.34) ;
3,MARISKA,MEINTJIES(60.73) ; 4,ANNERI,EBERSOHN(61.43) ;
5,ALIX,MOREILLON(61.73) ; 6,MEGGAN,GODDARD(63.05) ; 7,ERIKA,KLEINHANS(63.89)

Final Women 25 High Jump 1,JANETTE,SIEBERT(1.75) ;
2,MARCOLEEN,PRETORIUS(1.75) ; 3,CARINA,DU PREEZ(1.70) ;
3,JANET,LAWLESS(1.70) ; 5,CHANE,LINDER(1.70) ; 6,LEANDRI,BOTHA(1.65) ;
7,MERIKA,SMUTS(1.65) ; 7,JUNE,ROELOFSE(1.65) ; 9,MATSIE,DIKOTLA(1.60) ;
10,BIANCA,ERASMUS(1.55) ; 10,REMINA,STEPHAN(1.55) ;
12,LUCHELLE,PRINSLOO(1.55) ; 13,JANA,DE VILLIERS(1.50) ;
14,NEENE,BLIGNAUT(1.50) ;

Final Women 25 High Jump Heptathlon 1, BIANCA, ERASMUS7(1.65) ; 2, MARIONET, VAN DER MERWE(1.59) ; 3, NEENE, BLIGNAUT7(1.56) ; 4, CORLIA, KRUGER7(1.50) ; 5, SONNIKA, KNOETZE7(1.47) ; 6, ANNE, NIEUWOUDT7(1.47) ;

Final Women 25 Pole-vault 1, ANNE, NIEUWOUDT(3.30) ; 2, DANIELLE, LABUSCHAGNE(3.20) ; 3, JEANNIE, VAN DYK(3.20) ; 4, MANDI, MARITZ(3.20) ; 5, TAAHIRAH, KOZAIN(3.00) ;

Final Women 25 Long Jump () 1, PATIENCE, NTSHINGILA(6.02) ; 2, MONJA, GOOSEN(5.97) ; 3, CINDY, PETERS(5.84) ; 4, BIANCA, ERASMUS(5.77) ; 5, CLAUDINE, JANSE VAN RENSBURG(5.74) ; 6, MATSIE, DIKOTLA(5.53) ; 7, CHANE, BURGERS(5.36) ; 8, ARLINE, MULLER(5.18) ; 9, JUNE, ROELOFSE(5.11) ; 10, KATHLEEN, SAMPSON(4.93) ; 11, SIMONE, MORRIS(4.64) ; 12, LUCHELLE, PRINSLOO(4.54) ; 13, PALESA, MADOA(3.75) ;

Final Women 25 Long Jump Heptathlon() 1, MARIONET, VAN DER MERWE(5.95) ; 2, BIANCA, ERASMUS7(5.32) ; 3, NEENE, BLIGNAUT7(5.14) ; 4, KIM, MOONSAMY7(5.01) ; 5, ANNE, NIEUWOUDT7(4.85) ; 6, SONNIKA, KNOETZE7(4.74) ;

Final Women 25 Triple Jump () 1, PATIENCE, NTSHINGILA(13.13) ; 2, CINDY, PETERS(12.65) ; 3, MATSIE, DIKOTLA(12.30) ; 4, ARLINE, MULLER(12.19) ; 5, MONJA, GOOSEN(11.65) ; 6, LUCHELLE, PRINSLOO(11.17) ;

Final Women 25 Shot-put 1, SONIA, SMUTS(14.21) ; 2, JUSTINE, ROBBESON(13.43) ; 3, ELZAAN, MOSTERT(13.10) ; 4, ALLANAH, CRAFFORD(12.71) ; 5, SONNIKA, KNOETZE(12.60) ; 6, EUNICE, OLEVANO(12.54) ; 7, YOLANDI, BOTHMA(12.34) ; 8, MARYKE, OBERHOLZER(12.18) ; 9, CARIEN, DREYER(11.66) ; 10, GERLIZE, DE KLERK(11.29) ; 11, SURIETTE, BOTHA(09.85) ; 12, JO-ANN, DU TOIT(09.80) ; 13, LEANDRIE, DE BEER(09.58) ; 14, NADIA, BOTHA(09.05) ; 15, VUYISILE, MADLALA(07.00) ;

Final Women 25 Shot-put Heptathlon 1, SONNIKA, KNOETZE7(13.70) ; 2, MARIONET, VAN DER MERWE(09.99) ; 3, BIANCA, ERASMUS7(09.95) ; 4, NEENE, BLIGNAUT7(09.18) ; 5, CORLIA, KRUGER7(08.94) ; 6, ANNE, NIEUWOUDT7(08.78) ; 7, KIM, MOONSAMY7(07.30) ;

Final Women 25 Discus 1, MARYKE, OBERHOLZER(48.76) ; 2, SURIETTE, BOTHA(40.82) ; 3, SONIA, SMUTS(40.71) ; 4, JUSTINE, ROBBESON(40.61) ; 5, CARIEN, DREYER(40.49) ; 6, EUNICE, OLEVANO(40.35) ; 7, JO-ANN, DU TOIT(40.21) ; 8, LEANDRIE, DE BEER(39.96) ; 9, ALLANAH, CRAFFORD(34.47) ; 10, ELZAAN, MOSTERT(32.29) ; 11, YOLANDI, BOTHMA(29.03) ; 12, SARAH-LEE, SCHEUN(28.32) ; 13, MAGDALEEN, LOUW(26.27) ;

Final Women 25 Hammer 1, NANETTE, STAPELBERG(51.67) ; 2, LEANDRIE, DE BEER(50.12) ; 3, MAGDALEEN, LOUW(49.83) ; 4, NADIA, BOTHA(43.87) ; 5, SARAH-LEE, SCHEUN(35.38) ; 6, ELZAAN, MOSTERT(31.36) ;

Final Women 25 Javelin 1, JUSTINE, ROBBESON(58.21) ; 2, SUNETTE, VILJOEN(57.23) ; 3, GERLIZE, DE KLERK(53.71) ; 4, LIESL, DE SWARDT(47.37) ; 5, ANZEL, VAN DER SCHYFF(45.57) ; 6, CARIEN, DREYER(43.92) ; 7, SONNIKA, KNOETZE(43.41) ; 8, ALLANAH, CRAFFORD(42.30) ;

Final Women 25 Javelin Heptathlon 1,SONNIKA,KNOETZE7(45.05) ;
2,NEENE,BLIGNAUT7(29.74) ; 3,BIANCA,ERASMUS7(25.17) ; 4,MARIONET,VAN DER
MERWE(24.62) ; 5,ANNE,NIEUWOUDT7(22.62) ; 6,KIM,MOONSAMY7(20.07) ;

Final Results Women 25 4X100m Relay 1,,RELAY TEAM(47.08) ; 2,,RELAY TEAM(48.13) ;
3,,RELAY TEAM(48.22) ; 4,,RELAY TEAM(48.30) ; 5,,RELAY TEAM(48.48) ; 6,,RELAY
TEAM(49.83) ; 7,,RELAY TEAM(50.27) ; 8,2,RELAY TEAM(50.82) ; 9,2,RELAY
TEAM(52.24) ; 10,,RELAY TEAM(54.85) ; 11,,RELAY TEAM(55.75) ;

Final Results Women 25 4X400m Relay 1,,RELAY TEAM(3:44.53) ; 2,,RELAY
TEAM(3:47.45) ; 3,,RELAY TEAM(3:50.20) ; 4,,RELAY TEAM(3:58.48) ; 5,,RELAY
TEAM(4:00.92) ; 6,,RELAY TEAM(4:02.58) ; 7,2,RELAY TEAM(4:03.86) ; 8,,RELAY
TEAM(4:07.17) ; 9,2,RELAY TEAM(4:07.80) ; 10,2,RELAY TEAM(4:11.70) ; 11,,RELAY
TEAM(4:24.55) ; 12,3,RELAY TEAM(4:33.70) ; 13,2,RELAY TEAM(4:38.02) ;

Final Women 25 20km Walk 1,MICHELLE,HOPKINS(1:48:43.80) ;
2,INGE,KOTZE(1:57:33.90) ; 3,SUZANNE,LIEBENBERG(1:59:23.00) ;
4,LARISSA,ERASMUS(2:09:19.70) ; 5,PABALLO,MAFUBETSOANA(2:27:04.90) ;

Final Men 24 Pole-vault 1,CHEYNE,RAHME(5.40) ; 2,EBEN,BUEKES(4.80) ;
3,HEINRICH,SMIT(4.60) ; 4,CONRAD,WELDHAGEN(4.40) ;

Final Men 25 100m (-0.3) 1,SIMON,MAGAKWE(10.32) ; 2,THUSO,MPUANG(10.44) ;
3,HANNES,DREYER(10.44) ; 4,LEIGH,JULIUS(10.64) ; 5,RUAN,DE VRIES(10.65) ;
6,GARTH,ARENDZ(10.70) ;

Final Results Men 25 100m Decathlon(-0.6) 1,NARDUS,GREYLING10(11.18) ;
2,VAUGHAN,ROSSOUW10(11.24) ; 3,WILLEM,DE BRUIN10(11.25) ;
4,ZAVION,KOTZE10(11.42) ; 5,WALDO,VAN STADEN10(11.56) ; 6,WILLEM,LE
ROUX10(11.61) ; 7,EBEN,BEUKES10(11.81) ; 8,CONRAD,WELDHAGEN10(12.27) ;

Final Men 25 200m (-0.6) 1,THUSO,MPUANG(20.55) ; 2,HANNES,DREYER(21.05) ;
3,SIMON,MAGAKWE(21.08) ; 4,WILLIE,DE BEER(21.28) ; 5,SIBUSISO,SISHI(21.48) ;
6,JACQUES,DE SWART(21.62) ;

Final Men 25 400m 1,SHANE,VICTOR(46.15) ; 2,WILLIE,DE BEER(46.16) ;
3,SIBUSISO,SISHI(46.73) ; 4,THAPELO,KETLOGETSWE(46.94) ; 4,SHAUN,DE
JAGER(46.94) ; 6,JACQUES,DE SWART(47.27) ; 7,HENK,BEUKES(48.59) ;
8,PC,BENEKE(48.60) ;

Final Men 25 400m Decathlon 1,WILLEM,DE BRUIN10(49.79) ; 2,WALDO,VAN
STADEN10(50.22) ; 3,ZAVION,KOTZE10(50.34) ; 4,NARDUS,GREYLING10(51.00) ;
5,WILLEM,LE ROUX10(52.93) ; 6,EBEN,BEUKES10(59.14) ;
6,VAUGHAN,ROSSOUW10(59.14) ; 8,CONRAD,WELDHAGEN10(60.73) ;

Final Men 25 800m 1,ANDRE,OLIVIER(1:49.42) ; 2,WINDY,JONAS(1:49.79) ;
3,ZWELAKHE,SEBOTO(1:49.90) ; 4,TLOU,SELOBA(1:49.97) ; 5,ALAN,SLINGER(1:50.51) ;
6,HANNES,NAUDE(1:50.67) ; 6,AMOS,NYONGO(1:50.67) ;
8,JACQUES,PRETORIUS(1:50.82) ; 9,RICK,HAMBRIDGE(1:51.46) ;
10,HENK,BEUKES(1:51.75) ; 11,THEMBA,MADIMA(1:54.21) ;
12,JERRY,MOTSAU(1:59.79) ;

Final Men 25 1500m 1,PHARSON,MAGAGANE(3:44.95) ; 2,ANDRE,OLIVIER(3:45.92) ;
3,JERRY,MOTSAU(3:45.97) ; 4,TSHAMANO,SETONE(3:46.73) ;
5,JACQUES,PRETORIUS(3:48.38) ; 6,AMOS,NYONGO(3:48.88) ;
7,MOLEFE,MOLEFE(3:49.80) ; 8,ALAN,SLINGER(3:50.32) ;
9,THUSO,PHASWANA(3:51.90) ; 10,WINDY,JONAS(3:51.93) ;
11,TEBOGO,KHANYA(3:52.05) ; 12,MARKO,BUCARIZZA(3:52.40) ;
13,ZWELAKHE,SEBOTO(3:52.68) ; 14,CLINTON,SWANEPOEL(3:52.93) ;
15,ARMIN,BOTHA(3:54.21) ;

Final Men 25 1500m Decathlon 1,WALDO,VAN STADEN10(4:32.36) ;
2,ZAVION,KOTZE10(4:47.53) ; 3,NARDUS,GREYLING10(4:48.30) ; 4,WILLEM,LE
ROUX10(4:49.13) ; 5,CONRAD,WELDHAGEN10(5:04.61) ; 6,WILLEM,DE
BRUIN10(5:16.57) ; 7,EBEN,BEUKES10(6:22.79) ;

Final Men 25 5000m 1,TSHAMANO,SETONE(13:30.77) ; 2,GERT,MANORA(13:57.40) ;
3,DEAN,BRUMMER(14:02.00) ; 4,ISAAC,MBOYAZI(14:02.30) ;
5,PHARSON,MAGAGANE(14:23.63) ; 6,EDWIN,MOLEPO(14:42.62) ;
7,THUSO,PHASWANA(14:55.97) ; 8,ARMIN,BOTHA(15:03.10) ;
9,SIPHIWE,LEBESE(15:14.27) ; 10,XOLANI,LONI(15:38.11) ; 11,KAIN,REILLY(15:49.67) ;
12,ALTUS,BADENHORST(16:06.99) ; 13,M,NGCOBO(16:20.17) ;
14,EZEKIAH,KIBET(16:30.58) ; 15,KGOSIETSILE,LEFIFI(16:33.34) ;

Final Men 25 10000m 1,STEPHEN,MOKOKA(27:56.18) ; 2,SG,MZAZI(28:09.33) ;
3,GERT,MANORA(28:49.22) ; 4,ISAAC,MBOYAZI(30:04.69) ; 5,BOY,SOKE(30:23.54) ;
6,RAFAEL,MAHAPA(30:53.88) ; 7,THORISO,RATSELA(32:20.10) ;
8,KARABO,JACOBS(33:54.27) ; 9,THOMAS,NIVEN(35:27.19) ;
10,RABELANI,MUTSHINYA(37:00.10) ; 11,MBEKEZELI,MATHEBULA(38:19.14) ;

Final Men 25 Half Marathon 1,SG,MZAZI(1:09:53.00) ; 2,KJ,MADIBA(1:09:55.00) ;
3,RAFAEL,MAHAPA(1:10:01.00) ; 4,STEPHEN,MOKOKA(1:10:02.00) ;
5,BOY,SOKE(1:10:18.00) ; 6,KHOTHSO,MOKONE(1:10:42.00) ;
7,THABANG,MASIHLEHO(1:10:57.00) ; 8,WITNESS,HLALELE(1:11:40.00) ;
9,MARKS,MPEKU(1:12:01.00) ; 10,LEBOGANG,MOLOPO(1:13:24.00) ;
11,TSITSO,MOTAUNG(1:13:40.00) ; 12,GILBERT,KORIR(1:13:47.00) ;
13,BONGANI,MAKALOPA(1:15:08.00) ; 14,DONOVAN,MAJODINA(1:15:09.00) ;
15,SOLOMON,MTHOMBENI(1:15:10.00) ; 16,JULIUS,MALOKA(1:15:13.00) ;
17,SANDILE,ZUMA(1:15:50.00) ; 18,TEBOGO,LECHELA(1:15:52.00) ;
19,KGOSIETSILE,LEFIFI(1:16:08.00) ; 20,FAIZEL,OCTOBER(1:16:42.00) ;
21,MICHAEL,LOSEBY(1:17:33.00) ; 22,SAMUEL,MAROKOANE(1:17:35.00) ;
23,THABELO,TSHIKHUDO(1:17:43.00) ; 24,BHEKI,NGUBANE(1:18:24.00) ;
25,NATHAN,MATTHYSEN(1:18:45.00) ; 26,ANTONIE,PEENS(1:18:53.00) ;
27,YUSAF,VAHED(1:18:54.00) ; 28,NOJALEFA,MOSEBEKO(1:19:09.00) ;
29,SEITATOLO,SETHIBE(1:19:54.00) ; 30,SIBUSISO,MAKAMO(1:20:14.00) ;
31,THAPELO,MOATLHODI(1:20:17.00) ; 32,MARK,MALOVITZ(1:21:01.00) ;
33,ALFRED,KOSEGEI(1:21:36.00) ; 34,MBEKEZELI,MATHEBULA(1:21:52.00) ;
35,GRAVEN,GALANT(1:22:00.00) ; 36,ANTOINE,VAN HEERDEN(1:22:01.00) ;
37,GOITSEMODO,MOLOCWA(1:23:21.00) ; 38,MIKATEKO,KHOSA(1:23:38.00) ;
39,EDWIN,MOONEY(1:23:40.00) ; 40,AZREAL,SCHEEPERS(1:24:30.00) ;
41,TSEKISO,VAN STRAYER(1:25:03.00) ; 42,XOLANI,TEMBANI(1:25:27.00) ;
43,EZEKIAH,KIBET(1:25:55.00) ; 44,THAPELO,LENYORA(1:27:25.00) ;

45,CARL,PAUL(1:28:01.00) ; 46,MASHUDU,NDOU(1:28:16.00) ;
47,MATTHEW,HENSHALL(1:31:52.00) ; 48,MARCO,BUYS(1:35:20.00) ;
49,PIETER,HUGO(1:35:23.00) ; 50,SIPHIWE,LEBESE(1:36:10.00) ;
51,JOHN,WINDVOGEL(1:36:15.00) ; 52,LOCHNER,SLABBERT(1:38:06.00) ;
53,PAUL,JOSEP(1:38:33.00) ; 54,TONY,MADER(1:39:24.00) ;
55,KELSEY,STUART(1:39:46.00) ; 56,BONGANI,MAKWNEKWE(1:39:56.00) ;
57,BRETT,MASON(1:49:07.00) ;

Final Men 25 3000m Steeplechase 1,EDWIN,MOLEPO(08:40.07) ;
2,DEAN,BRUMMER(08:46.81) ; 3,KHOTHATSO,MOKONE(09:03.59) ;
4,THUSO,PHASWANA(09:24.86) ; 5,SAMUEL,MAROKOANE(09:36.67) ;
6,DANIEL,MOKOMA(09:37.16) ; 7,DONNEY,DANSTER(09:59.41) ;
8,ENVER,PEDRO(10:03.15) ; 9,MAVA,MGEBA(10:30.74) ;
10,POTLAKI,CHAUTSANE(10:37.81) ;

Final Men 25 110m Hurdles (-1.1) 1,RUAN,DE VRIES(13.81) ; 2,LOUW,SMIT(14.30) ;
3,MUNTHING,HAMMAN(14.69) ; 4,HARDUS,MARITZ(14.74) ; 5,KOBUS,MOOLMAN(14.75)
; 6,DRIKUS,VILJOEN(14.82) ; 7,EMMANUEL,PAPGIS(14.96) ; 8,ROHAN,DU TOIT(15.66) ;

Final Results Men 25 110m Hurdles Decathlon() 1,ZAVION,KOTZE10(15.42) ;
2,WILLEM,DE BRUIN10(15.84) ; 3,WILLEM,LE ROUX10(16.09) ;
4,NARDUS,GREYLING10(16.24) ; 5,WALDO,VAN STADEN10(17.07) ;
6,VAUGHAN,ROSSOUW10(17.38) ; 7,EBEN,BEUKES10(18.13) ;

Final Men 25 400m Hurdles 1,PC,BENEKE(52.54) ; 2,HARDUS,MARITZ(52.63) ;
3,FRANSCOIS,RETIEF(52.63) ; 4,HERMAN,LANGENHOVEN(53.36) ;
5,JURIE,MOOLMAN(53.40) ; 6,LE ROUX,HAMMAN(53.42) ; 7,LEROY,BOCK(53.82) ;
8,RHODWIN,VAN VUUREN(59.74) ;

Final Men 25 High Jump 1,JVA,STEYTLER(2.05) ; 2,RUAN,CLAASEN(2.05) ;
3,GARTH,ELLIS(2.05) ; 4,WILLEM,VOIGT(2.05) ; 5,ZAVION,KOTZE(2.00) ; 6,JP,VAN DER
SCHYFF(2.00) ; 6,LUVO,NKEWU(2.00) ; 8,SALOMON,TUAIRE(2.00) ;
9,JACQUES,ROSSOUW(2.00) ; 10,MUNTHING,HAMMAN(1.95) ;
11,CALVIN,MAELANGWIE(1.95) ; 12,ABRIE,MARAIS(1.90) ; 13,JUSTIN,ABRAHAM(1.90) ;

Final Men 25 High Jump Decathlon 1,ZAVION,KOTZE10(2.10) ; 2,WILLEM,DE
BRUIN10(1.95) ; 3,WILLEM,LE ROUX10(1.77) ; 4,NARDUS,GREYLING10(1.77) ;
5,VAUGHAN,ROSSOUW10(1.74) ; 6,WALDO,VAN STADEN10(1.71) ;
7,CONRAD,WELDHAGEN10(1.68) ; 8,EBEN,BEUKES10(1.68) ;

Final Men 25 Pole-vault Decathlon 1,EBEN,BEUKES10(4.80) ;
2,CONRAD,WELDHAGEN10(4.40) ; 3,WILLEM,DE BRUIN10(4.00) ;
4,ZAVION,KOTZE10(3.80) ; 5,NARDUS,GREYLING10(3.80) ; 6,WILLEM,LE ROUX10(3.60)
; 6,WALDO,VAN STADEN10(3.60) ; 8,VAUGHAN,ROSSOUW10(3.20) ;

Final Men 25 Long Jump () 1,ZAARK,VISSER(7.85) ; 2,TUMELO,THAGANE(7.70) ;
3,ROGER,HAITENGI(7.44) ; 4,APELELE,RASMENI(7.23) ; 5,ZAVION,KOTZE(7.06) ;
6,ADEWALE,ADEJUMO(7.03) ; 7,ROWHAN,RHODE(6.88) ; 8,WILLEM,DE BRUIN(6.82) ;
9,VAUGHAN,ROSSOUW(6.78) ; 10,HEINRICH,SMIT(6.73) ; 11,ANDILE,MTSHALI(6.57) ;
12,JACQUES,ROSSOUW(5.94) ;

Final Men 25 Long Jump Decathlon() 1,ZAVION,KOTZE10(6.94) ; 2,WILLEM,DE BRUIN10(6.69) ; 3,NARDUS,GREYLING10(6.49) ; 4,VAUGHAN,ROSSOUW10(6.28) ; 4,WALDO,VAN STADEN10(6.28) ; 6,EBEN,BEUKES10(6.04) ; 7,CONRAD,WELDHAGEN10(5.82) ; 8,WILLEM,LE ROUX10(5.74) ;

Final Men 25 Triple Jump () 1,TUMELO,THAGANE(16.33) ; 2,ROGER,HAITENGI(16.07) ; 3,CHARLES,LE ROUX(16.04) ; 4,APELELE,RASMENI(15.85) ; 5,ADEWALE,ADEJUMO(15.39) ; 6,JASON,SEWANYANA(14.98) ; 7,BOIPELO,MOTHLATHLEGO(14.85) ; 8,ZAARK,VISSER(14.74) ; 9,LESLO,BRAMWILL(14.02) ; 10,MAURICE,MATHIBELA(13.41) ; 11,ROWHAN,RHODE(13.28) ;

Final Men 25 Shot-put 1,JACOBUS,ENGELBRECHT(19.42) ; 2,ROSS,JORDAAN(19.00) ; 3,DONOVAN,SNYMAN(17.53) ; 4,DEAN,WATTRUS(16.78) ; 5,NICO,GROBLER(16.75) ; 6,RUSSEL,TUCKER(15.94) ; 7,DEWALD,MOOLMAN(15.75) ; 8,CHARL,GROBLER(14.29) ; 9,RYNO,VAN WINKEL(14.15) ; 10,WYNAND,COETZEE(13.77) ; 11,DEWALD,VAN HEERDEN(13.22) ; 12,LEON,VERSTER(12.91) ; 13,WYNAND,CARSTENS(11.07) ; 14,VINCENT,VAN RENSBURG(10.60) ; 15,WAYNE,KEARNS(10.00) ; 16,RUAN,DE BEER(09.51) ; 17,ZWILONKOSI,MAJAMBELA(08.05) ; 18,MXOLISI,MNTUNGWA(07.15) ;

Final Men 25 Shot-put Decathlon 1,WILLEM,LE ROUX10(13.66) ; 2,ZAVION,KOTZE10(11.61) ; 3,NARDUS,GREYLING10(11.34) ; 4,WILLEM,DE BRUIN10(10.26) ; 5,EBEN,BEUKES10(10.16) ; 6,WALDO,VAN STADEN10(09.79) ; 7,CONRAD,WELDHAGEN10(09.38) ; 8,VAUGHAN,ROSSOUW10(09.33) ;

Final Men 25 Discus 1,DEAN,WATTRUS(55.75) ; 2,RUSSEL,TUCKER(54.12) ; 3,VICTOR,HOGAN(53.83) ; 4,DEWALD,MOOLMAN(53.74) ; 5,DONOVAN,SNYMAN(53.16) ; 6,CHARL,GROBLER(53.02) ; 7,WYNAND,COETZEE(52.63) ; 8,JACOBUS,ENGELBRECHT(52.25) ; 9,DEWALD,VAN HEERDEN(50.54) ; 10,LEON,VERSTER(47.00) ; 11,CHRISTIAAN,STEBBING(45.72) ; 12,WYNAND,CARSTENS(43.34) ; 13,RIKUS,ROUX(43.12) ;

Final Men 25 Discus Decathlon 1,WILLEM,LE ROUX10(37.30) ; 2,NARDUS,GREYLING10(34.20) ; 3,WILLEM,DE BRUIN10(32.95) ; 4,ZAVION,KOTZE10(28.95) ; 5,EBEN,BEUKES10(27.17) ; 6,VAUGHAN,ROSSOUW10(25.11) ; 7,WALDO,VAN STADEN10(23.47) ; 8,CONRAD,WELDHAGEN10(23.02) ;

Final Men 25 Hammer 1,THEHANN,VAN NIEKERK(55.81) ; 2,VINCENT,VAN RENSBURG(54.72) ; 3,LODEWALT,VENTER(53.99) ; 4,MICQUEL,LE ROUX(53.92) ; 5,CHRISTIAAN,STEBBING(51.45) ; 6,RUAN,DE BEER(46.88) ; 7,LUAN,RETIEF(43.81) ; 8,ROBERT,SCHEUN(40.57) ; 9,LEON,VERSTER(34.93) ;

Final Men 25 Javelin 1,BERNARD,CROUS(77.80) ; 2,PHIL-MAR,VAN RENSBURG(74.18) ; 3,ALEX,JACOBS(73.95) ; 4,TOBIE,HOLTZHAUSEN(72.17) ; 5,JASON,HENNING(71.15) ; 6,ULRICH,DAMON(68.88) ; 7,MARNUS,VAN ZYL(64.60) ; 8,HEINRICH,SMIT(51.92) ; 9,CHEYNE,RAHME(46.52) ; 10,ANDREW,ARRIES(44.88) ; 11,DIRK,GILDENHUYS(41.20) ;

Final Men 25 Javelin Decathlon 1,WILLEM,LE ROUX10(60.27) ; 2,WALDO,VAN STADEN10(53.23) ; 3,NARDUS,GREYLING10(47.42) ; 4,ZAVION,KOTZE10(45.58) ; 5,WILLEM,DE BRUIN10(44.46) ; 6,CONRAD,WELDHAGEN10(42.61) ; 7,VAUGHAN,ROSSOUW10(37.05) ; 8,EBEN,BEUKES10(36.15) ;

Final Results Men 25 4X100m Relay 1,,RELAY TEAM(40.69) ; 2,,RELAY TEAM(41.16) ; 3,1,RELAY TEAM(41.29) ; 4,,RELAY TEAM(41.68) ; 5,,RELAY TEAM(41.69) ; 6,,RELAY TEAM(42.31) ; 7,,RELAY TEAM(42.77) ; 8,2,RELAY TEAM(43.43) ; 9,,RELAY TEAM(43.63) ; 10,3,RELAY TEAM(44.38) ; 11,,RELAY TEAM(44.78) ; 12,,RELAY TEAM(45.54) ; 13,2,RELAY TEAM(47.26) ;

Final Results Men 25 4X400m Relay 1,,RELAY TEAM(3:12.63) ; 2,1,RELAY TEAM(3:12.87) ; 3,,RELAY TEAM(3:13.89) ; 4,,RELAY TEAM(3:15.57) ; 5,4,RELAY TEAM(3:15.85) ; 6,,RELAY TEAM(3:16.44) ; 7,2,RELAY TEAM(3:18.86) ; 8,,RELAY TEAM(3:19.91) ; 9,2,RELAY TEAM(3:20.53) ; 10,,RELAY TEAM(3:23.81) ; 11,2,RELAY TEAM(3:27.80) ; 12,3,RELAY TEAM(3:32.07) ; 13,,RELAY TEAM(3:33.45) ; 14,,RELAY TEAM(3:33.93) ; 15,3,RELAY TEAM(3:36.34) ; 16,4,RELAY TEAM(3:38.19) ; 17,,RELAY TEAM(3:42.23) ;

Final Men 25 20km Walk 1,WAYNE,SNYMAN(1:30:33.40) ; 2,ARMOND,NEL(1:31:00.10) ; 3,MOLISE,MOJALEFA(1:35:33.70) ; 4,JACQUES,FAURE(1:36:45.30) ; 5,RUAN,WESSELS(1:40:33.00) ; 6,WISEMAN,HLONGWA(1:47:27.60) ; 7,WADE,FRASER(1:49:14.90) ; 8,NEO,RAMONYODIOE(1:58:17.60) ;